

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 GRAND MEADOWS-ASSISTED LIVING						Happy Birthday Stephanie Lopez! 1 10:00 Stretch Class Video (E-Independent) 2:00 L,C,R Dice Game (L) (bring 9 nickels to play)
Happy Birthday Marisol Ignacio-Manzanarez! 2 2:00 First Evangelical Lutheran's Silent Stories Tour (L) 3:15 Cookie Social (CS)	Happy Birthday Kathleen Holland & Shirley Vergin! 3 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 1:30 Bible Study (GR) 2:30 Pokeno (L)	9:30 Devotions (L) 4 11:15 Exercise Class (L) *1:30 Shop Coborn's 3:00 L,C,R Dice Game (L)	9:00 Podiatry Visit (C) 5 10:30 Rosary (GR) 11:30 Exercise Class (L) 1:15 Movers & Shakers (E) 2:00 Bingo (L) 6:00 Card Sharks (CS)	10:30 Christ Lutheran Worship Service (L) 6 11:30 Exercise Class (L) 1:00 Manicures (E) 2:00 Bingo (L) 3:00 Happy Hour (CS)	Happy Birthday Breanna Heldt! 7 10:15 Exercise Class (L) 2:00 Root Beer Floats (upstairs deck off the dining room) 4:00 Weekend Packet Pick-Up (L-Independent)	10:00 Stretch Class Video (E-Independent) 8 2:00 L,C,R Dice Game (L) (bring 9 nickels to play)
2:00 Kings in the Corner (CS-Independent) 9 3:15 Cookie Social (CS)	11:15 Exercise Class (L) 10 1:15 Movers & Shakers (E) 1:30 Bible Study (GR) 2:30 Men's Group (GR) 2:30 Women's Group (CS)	Happy Birthday Kylie Hill! 11 9:30 Devotions (L) 11:15 Exercise Class (L) *1:30 Shop Coborn's 3:00 L,C,R Dice Game (L)	10:30 Catholic Mass (C) 12 11:30 Exercise Class (L) 1:15 Movers & Shakers (E) 1:45 Dining Meeting (L) 2:30 Music: Duke Zecco (L) 6:00 Card Sharks (CS)	11:15 Exercise Class (L) 13 1:15 Manicures (E) 2:00 First Lutheran Worship Service (L) 3:00 Happy Hour (CS)	Happy Birthday Harriett Bergs, Mikaylin Goetze & Marisol Mendoza Vazquez! 14 11:15 Exercise Class (L) 2:00 Bingo (L) 4:00 Weekend Packet Pick-Up (L-Independent)	10:00 Stretch Class Video (E-Independent) 15 2:00 L,C,R Dice Game (L) (bring 9 nickels to play)
2:30 Community Worship w/ Pr. Thompson (L) 16 3:15 Cookie Social (CS)	11:15 Exercise Class (L) 17 1:15 Movers & Shakers (E) 1:30 Bible Study (GR) 2:30 Music: Allen Carlson & August birthday celebration (L)	9:30 Devotions (L) 18 11:15 Exercise Class (L) *1:30 Shop DG Market 3:00 L,C,R Dice Game (L)	10:30 Rosary (C) 19 11:30 Exercise Class (L) 1:15 Movers & Shakers (E) 2:00 Bingo (L) 6:00 Card Sharks (CS)	10:30 Stretch Class Video (E) 20 1:30 Movie Matinee-resident choice (GR) 3:00 Happy Hour (CS)	11:15 Exercise Class (L) 21 1:00 Manicures (E) 2:00 Bingo (L) 4:00 Weekend Packet Pick-Up (L-Independent)	10:00 Stretch Class Video (E-Independent) 22 2:00 L,C,R Dice Game (L) (bring 9 nickels to play)
Happy Birthday LuAnn Harms! 23 *1:00 Community Worship w/ Pr. Karlson (L) 3:15 Cookie Social (CS)	Happy Birthday Eileen Dittmer! 24 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 1:30 Bible Study (GR) 3:00 Shasta Daisy Watercolor Painting (L)	9:30 Devotions (L) 25 11:15 Exercise Class (L) *1:30 Shop Coborn's 3:00 L,C,R Dice Game (L)	Happy Birthday Rachel Ohland & Islam Barrera-Ramirez! 26 10:30 Catholic Mass (C) 11:30 Exercise Class (L) 1:15 Movers & Shakers (E) 2:00 Resident Meeting & Resident Council (L) 2:30 Bingo (L)	10:00 Exercise Class (L) 27 10:45 Outing to Neisen's Bar & Grill (Sign up in office) 2:00 Manicures (L) 3:00 Happy Hour (CS)	Happy Birthday Arlene Torgerson! 28 11:15 Exercise Class (L) 2:00 Bonus Bingo (L) 4:00 Weekend Packet Pick-Up (L-Independent)	10:00 Stretch Class Video (E-Independent) 29 2:00 L,C,R Dice Game (L) (bring 9 nickels to play)
Happy Birthday Ambrosia Hansen! 30 2:00 Kings in the Corner (CS-Independent) 3:15 Cookie Social (CS)	FAIR DAY 31 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 1:30 Bible Study (GR) 2:30 Music: Mark Milner (L)					

ACTIVITIES ARE SUBJECT TO CHANGE. RELIGIOUS ACTIVITIES ARE IN PURPLE. *OUTING SIGN UP IN THE MAIN OFFICE.