



5/29 - EILEEN POPELKA



5/28 - RUBY STREICH

5/29 - SUSAN BACON

6/8 - KATHLEEN NEUBARTH

6/26 - LUCILLE O'DONNELL

**GETTING TO KNOW
MICK & SUE SONDERGARD**



Mick & Sue moved to Grand Meadows in August of 2025 from their farm near New Germany, where they lived for 50 years. Sue was born in Philadelphia, graduated from Anoka High School & attended Temple University for nursing. Mick was born in Albert Lea & graduated from Minnetonka High School. Mick held employment as a truck driver, carpenter & a Carver County Deputy. Sue held various nursing positions throughout the area. They are proud parents to two daughters who live in Oklahoma; Pamela 'PJ' Burger (husband Joey) and Ivy Jo Hurst (husband Clay). They have one granddaughter, Kaden, who graduated last year and is a part of the professional rodeo barrel circle racing. They both love gardening, horses (raising & training) & the MN State Fair. Mick was a three-time champion at the MN State Fair in barrel racing.

We are happy they have joined our Grand Meadows' family!

GRAND MEADOWS MANAGEMENT TEAM

- Executive Director
- Operations Manager
- Director of Nursing
- RN Care Manager
- RN Care Manager
- Support LPN
- Maintenance Director
- Meaningful Days Coordinator
- Health & Wellness Director
- Administrative Support
- Janelle Kellermann
- Michele Mackenthun
- Mikaylin Goetze
- Briana Starrett
- Kathleen Holland
- Sandy Voelkel
- Islam Barrera-Colin
- Sara Brown
- Sara Fasching
- Sandra Chaplin



The next Dementia Support Group Meeting will be **Tuesday, July 28th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

July Birthdays

In astrology, those born between July 1–22 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony. Those born between July 23–31 are Leo's Lions. Mixing strength, ambition, creativity, and a flair for the dramatic, it is no wonder that the king of the jungle is a Leo's mascot. Whether it's in Hollywood or in the home, Leos accomplish their goals.

7/13-Earl Dammann

7/16-Marjorie Duenow

7/16-Kari Kaczmarek

7/20-Mary Beth Waterman

7/21-Sandra Jerabek

7/22-Ramona Ehrke

7/28-Rita Radde

GRAND MEADOWS

1420 PRAIRIE AVE, GLENCOE, MN 55336 | 320-864-5577



Celebrating July

Cell Phone Courtesy Month

Parks and Recreation Month

Family Golf Month

Canada Day

July 1

World UFO Day

July 2

Independence Day (U.S.)

July 4

Blueberry Day

July 8

Tattoo Day

July 17

**Nelson Mandela
International Day**

July 18

Tell an Old Joke Day

July 24

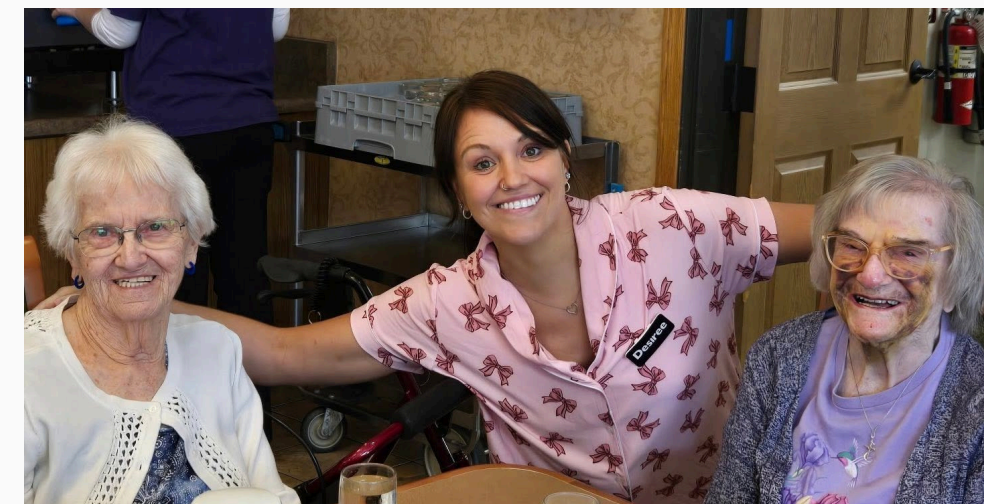
Paperback Book Day

July 30

**GREETINGS FROM JANELLE KELLERMANN,
EXECUTIVE DIRETOR**

We have certainly experienced some unusually high temperatures and wet conditions this past month. This affects our farming community, those who enjoy a garden and a lush green lawn. It also impacts our ability to enjoy being outside when the temperatures are too high. It's always good to take that walk in the morning while the temperatures are lower, use sunscreen & stay hydrated. Even if you aren't venturing outside the building, it is still a good idea to keep up on your hydration levels. If you do have your apartment windows open, remember to keep your apartment door closed to keep the warmer air in your apartment and not in the hallways.

Wishing you a fun and safe 4th of July.



STAFF SPOTLIGHT:

Desiree Strassburg joined our staff in August of 2025 as a Care Specialist/CNA. She was born in Sleepy Eye and graduated from GSL High School. She currently lives in Glencoe with her three dogs: Griffin, Harley, Rambo and a cat, Ash. They all get along & are very loving animals. They are her babies. She enjoys spending time outside; add a book & she's content. She goes to the gym and walks her dogs to stay active. Most of all, she loves spending time with her friends & family. She loves making a difference in our resident's lives. She feels God made her to help others & that's what she's here to do. Not only does she get to help care for them, but she gets to know them by learning about their lives. If she makes one of them smile, her day is complete.

We are happy to have her on our Grand Meadows' team!

NURSING NOTES, MIKAYLIN GOETZE, RN | CNS

With the warmer weather upon us, please make sure that you are staying hydrated! Bring water with on outings and walks. Now would be a good time to pick up some sunscreen and bug spray if you haven't done so already. A sun hat may also be beneficial. Please keep your Air Conditioner (AC) on. If you require assistance with adjusting the temperature, please call one of the Care Specialists to help.

Wishing you a safe and healthful July!



KITCHEN KORNER BY ANGIE W, DIRECTOR OF DINING SERVICES

Go Anywhere Rhubarb Bars

Crust:

- 1 cup flour
- 1/3 cup powdered sugar
- 1/3 cup butter

Filling:

- 1 cup sugar
- 1/4 cup flour
- 2 eggs
- 1 teaspoon vanilla
- 3 cups finely-chopped rhubarb



Crust:

Combine flour and powdered sugar. Cut in butter until mixture resembles coarse crumbs. Press into bottom of a greased 7 x 11-inch baking pan. Bake at 350 degrees for 12 minutes.

Filling:

Combine the first 4 ingredients, stir in rhubarb, and pour over warm crust. Bake at 350 degrees for 35-40 minutes or until done.

HEALTH & WELLNESS BY SARA F, H&W DIRECTOR AND SARA B MEANINGFUL DAYS COORDINATOR:

Wishing everyone a Happy 4th of July. We hope you are enjoying the summer so far. We had a busy June with grad parties, state baseball and Winstock. Now it's time to look ahead at all that we have planned for July. Please see your July calendar for a complete listing, but here are some highlights:

- July 2nd music by Mark Hawker at 2:30 PM
- Special guest Mitchell Hall will perform on July 10th at 3:30 PM in celebration of Iris Rognli's life.
- Music by Duke Zecco on July 13th at 2:30 PM
- Concertina music by Blake Klaustermeier on July 16th at 2:00PM on the Patio area.
- A guest speaker, Cassandra Carrigan, from the Veterans Services Office on July 22nd at 2:00 PM
- An outing to the Mexican Restaurant in Norwood Young America on July 23rd. Please sign up in the office to attend.
- Landscape edger painting craft on July 27th at 2:30 PM.

After seeing this we hope you are as excited for July as we are. We love to keep you busy and entertained.

