



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze... Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊

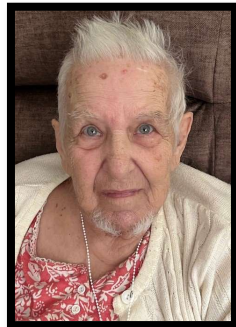


TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!




June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry

 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

Janelle Kellermann ... Executive Director
 Michele Mackenthun ... Operations Manager
 Mikaylin Goetze...Clinical Nurse Supervisor
 Kathleen Holland ... RN Care Manager
 Sandy Voelkel ... Support LPN
 Islam Barrera-Colin ... Maintenance Director
 Angelee Wilkerson ... Director of Dining Services
 Sara Brown ... Meaningful Days Coordinator
 Sara Fasching ... Health & Wellness Director
 Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

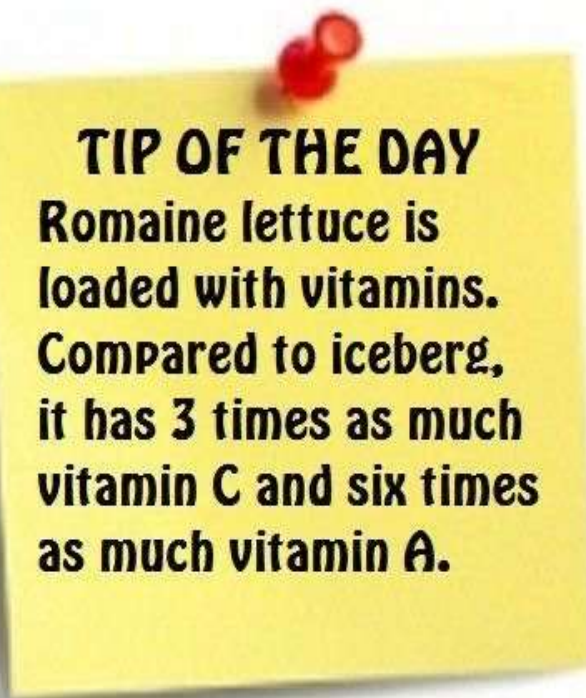
We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

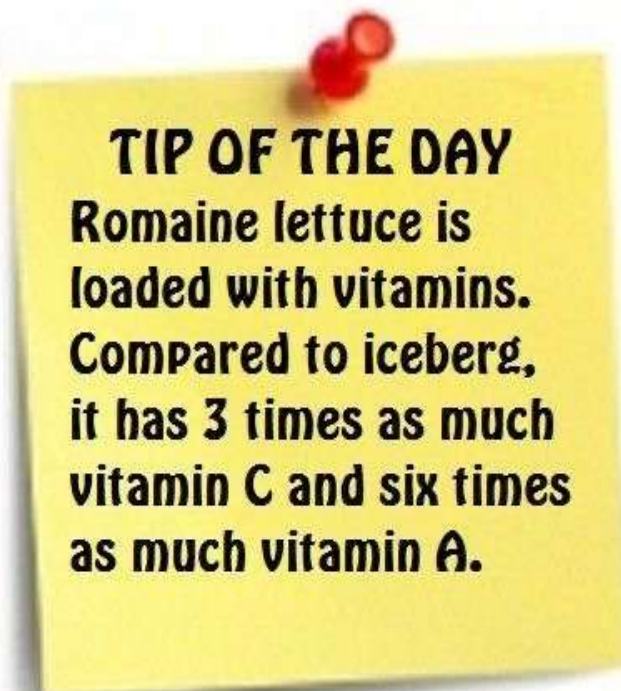
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze... Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze... Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

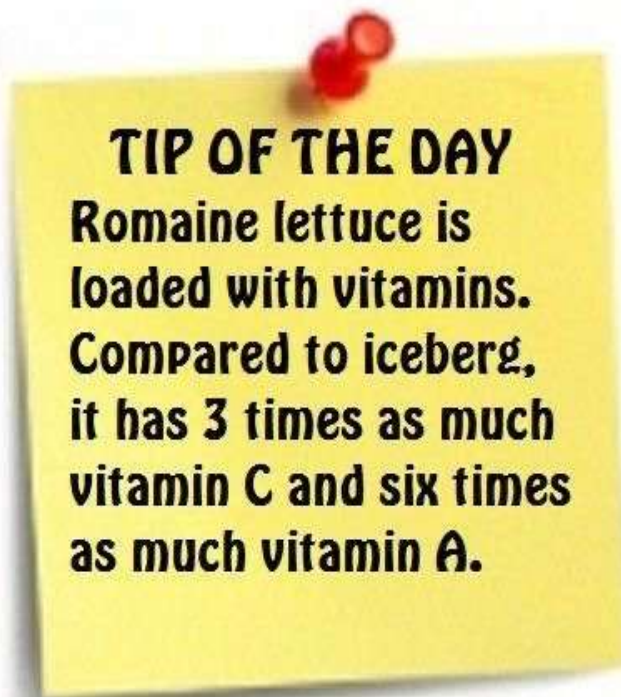
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.



TIP OF THE DAY
Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Meaning-Full Days

Dementia Support Group

Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊




TIP OF THE DAY
Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze... Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

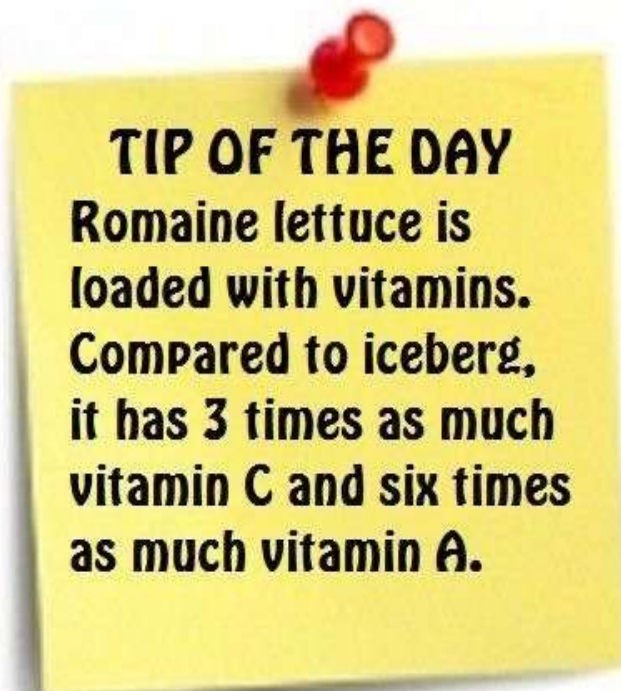
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Meaning-Full Days

Dementia Support Group

Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15–18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

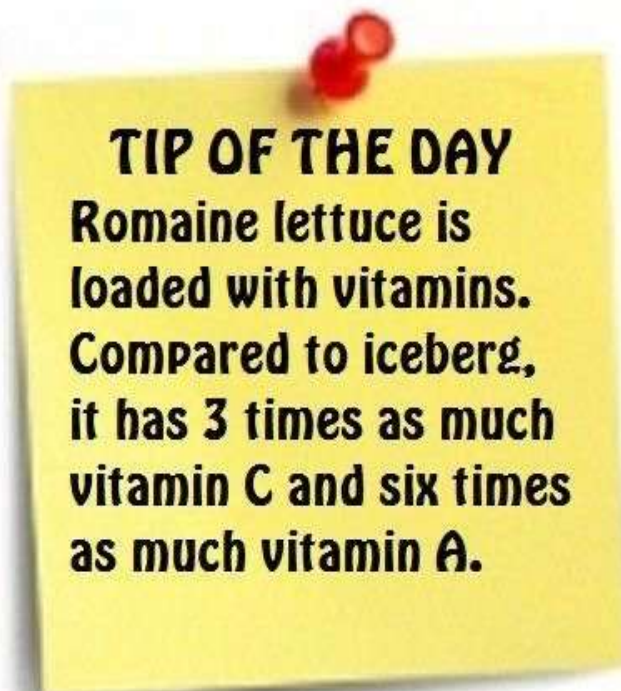
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze... Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze... Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

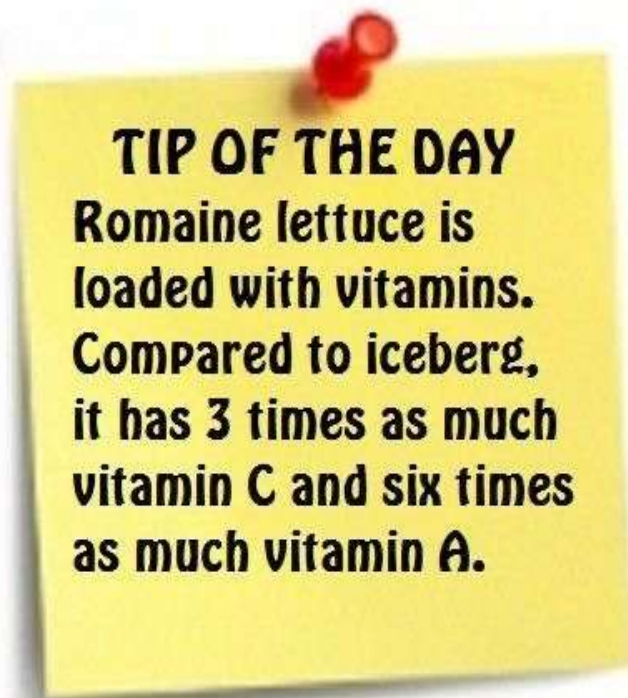
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Meaning-Full Days

Dementia Support Group

Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊




TIP OF THE DAY
Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Meaning-Full Days

Dementia Support Group

Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!


We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊

TIP OF THE DAY
Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

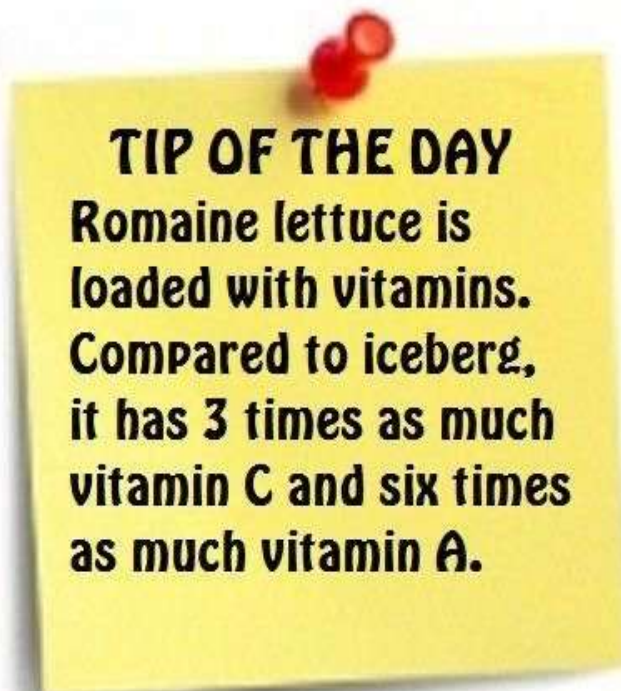
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze... Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze... Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

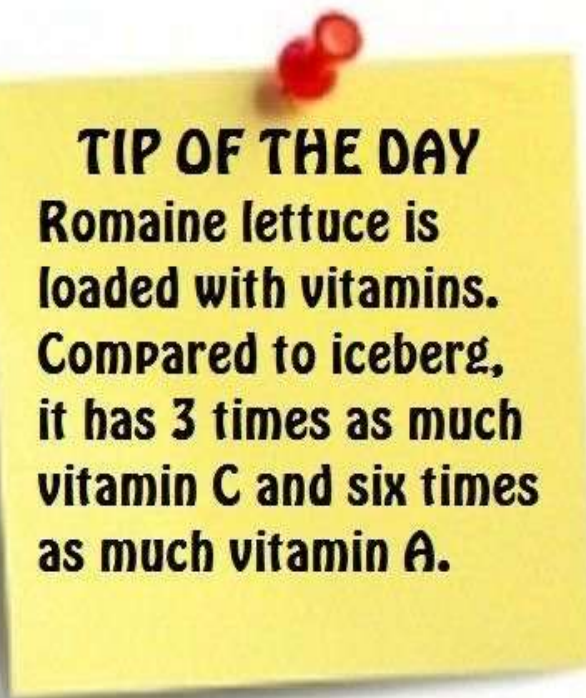
We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

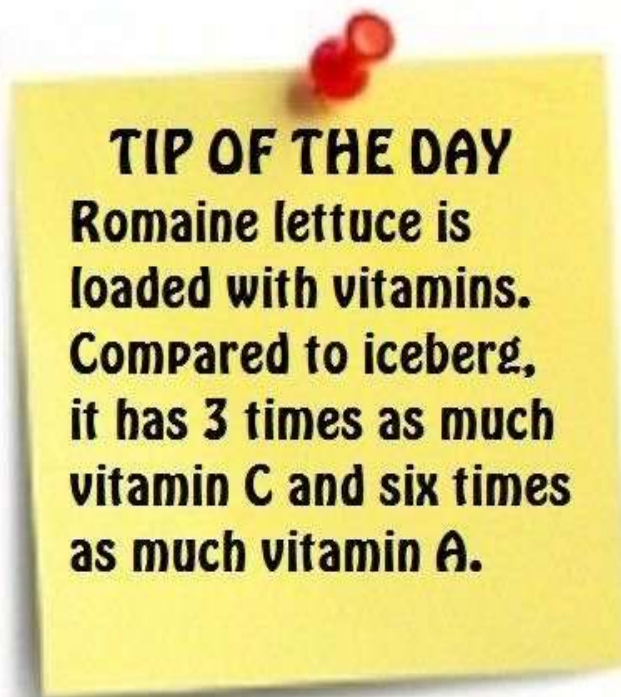
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.



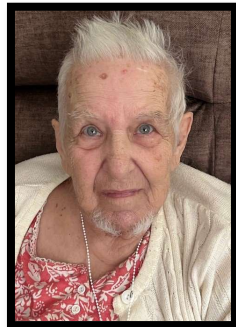
TIP OF THE DAY
Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

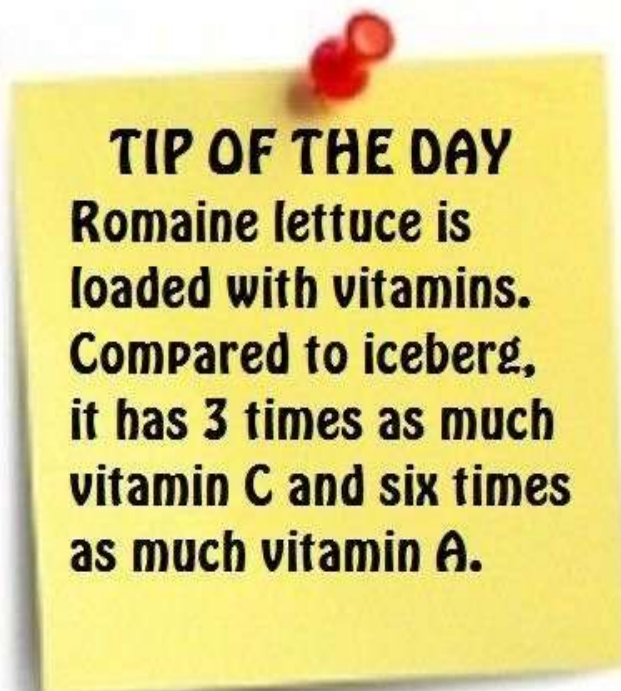
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Meaning-Full Days

Dementia Support Group

Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!


We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊

TIP OF THE DAY
Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

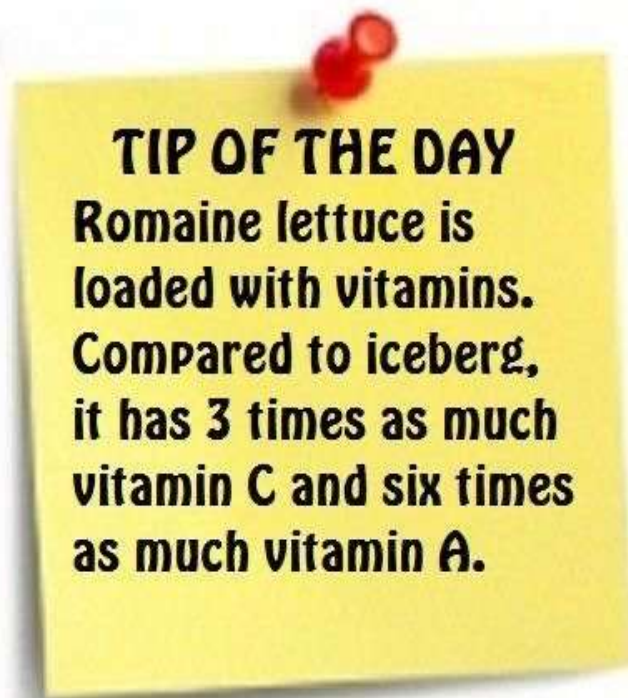
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

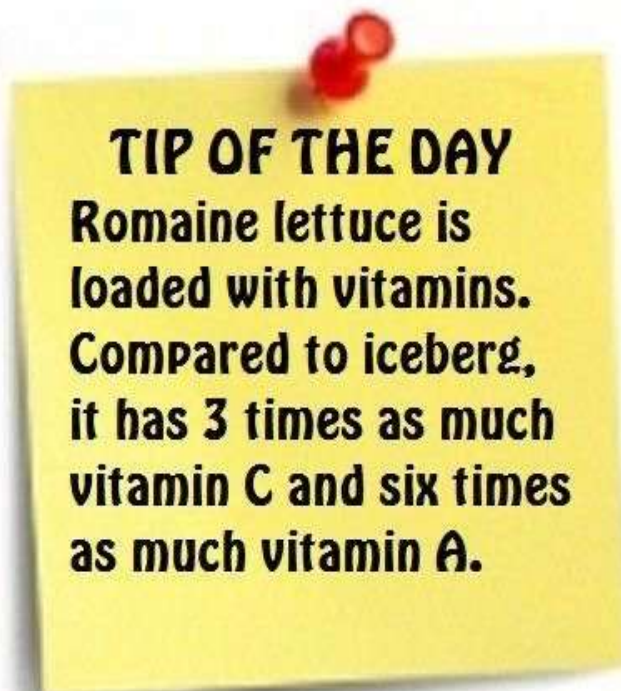
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze... Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze... Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Meaning-Full Days

Dementia Support Group

Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!


We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

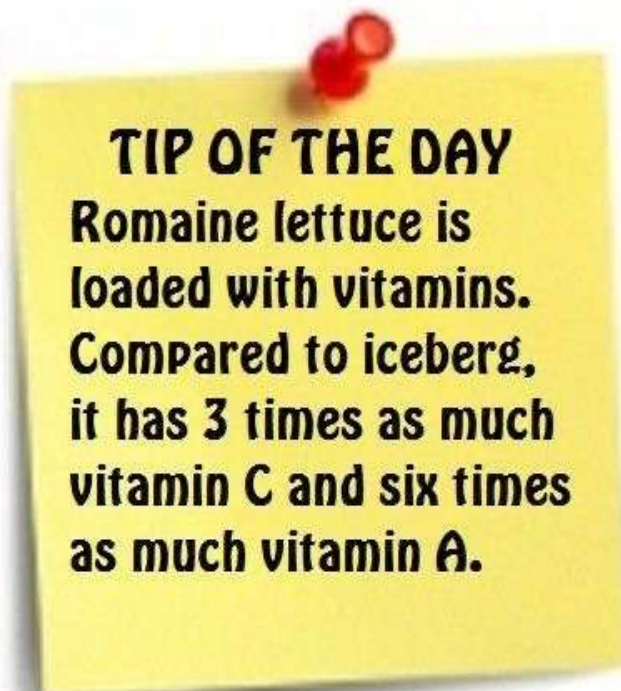
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

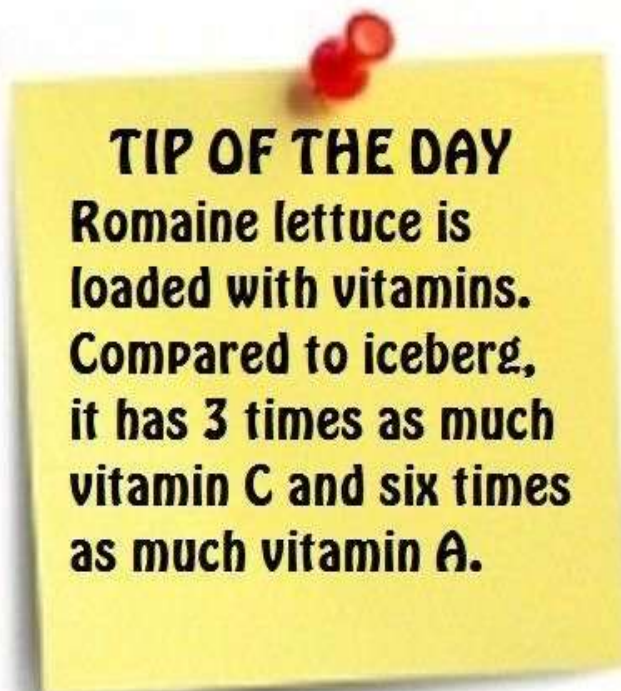
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





- 5/1 - Gerald Worm
- 5/11 - Iris Rognli
- 5/14 - Willis Hermann

**Getting to know...
Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
9:00 AM in the Chapel.
See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

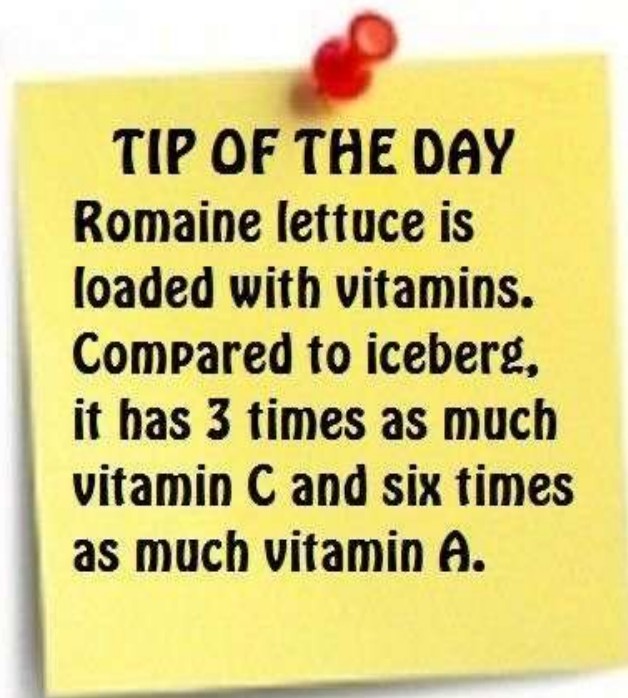
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

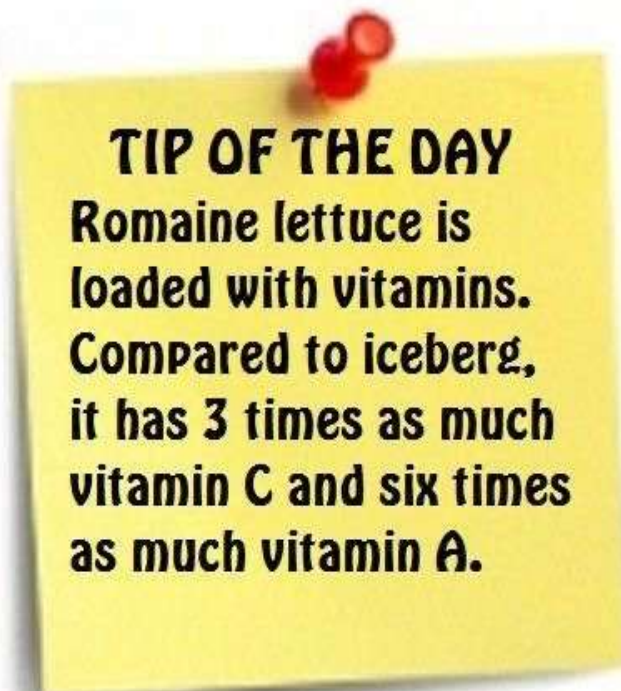
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

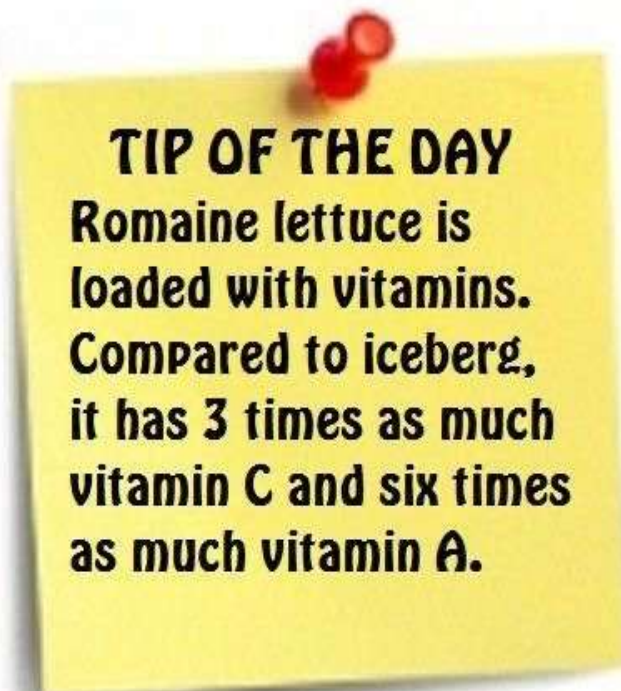
Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

TIP OF THE DAY
Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her


husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff

On-site Podiatry
 Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze... Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.




A Special Thank You to Our Firefighters



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.

Kitchen Korner By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.





5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Meaning-Full Days

Dementia Support Group

Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

2 ripe bananas, mashed	1 egg
1½ cups rolled oats	3 Tbsp honey
1 tsp baking powder	¼ cup milk
Pinch of salt	½ tsp cinnamon

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.




Nursing Notes: By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊




TIP OF THE DAY
Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.



5/1 - Gerald Worm
 5/11 - Iris Rognli
 5/14 - Willis Hermann

**Getting to know...
 Sandy Joyal**



We welcomed Sandy Joyal to Grand Meadows in August of 2025. She was born in St. Paul and raised by her grandparents. After graduation from Stillwater High School, she briefly attended Drake University for accounting. Being good at numbers translated to her career as a bookkeeper and accountant. She and her

husband George had two children: daughter Nancy (Keith) Johnson, who passed away & son Tom (wife Patti). A blessing for Sandy is her six grandchildren Laurana, Felicia, Caleb, Jared, Angela, Andrew (AJ) and three great-grandchildren Savanna, Will & Dexter. Sandy spent time with her partner, Dale Rasset until his passing. She milked her first cow at age three and gained lots of farm experience with her grandparents. She also played guitar in a western band. We're happy to have Sandy as part of our family at Grand Meadows!



June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Gemini's love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues. Those born between June 22–30 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony.

- 6/1 - Dennis Anderson
- 6/1 - Joan Harpel
- 6/3 - Barbara Toner
- 6/6 - Lilah Laidlow
- 6/14 - Betty Stuedemann
- 6/17 - Mary Ellen Bullert
- 6/28 - Brenna Braunworth
- 6/29 - Verona Wentzlaff



On-site Podiatry

Wednesday, June 3rd
 9:00 AM in the Chapel.
 See Sandra in the office to schedule an appointment.

Grand Meadows' Management Team:

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze...Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

Grand Meadows

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320) 864-5577



Celebrating June

Great Outdoors Month

Women's Golf Month

Audiobook Appreciation Month

Say Something Nice Day
June 1

Corn on the Cob Day
June 11

World Blood Donor Day
June 14

Men's Health Week
June 15–21

Father's Day
June 21

Day of the Seafarer
June 25

Take Your Dog to Work Day
June 26

"Happy Birthday to You" Day
June 27

Greetings from Janelle Kellermann, Executive Director

Resident and Family Surveys begin May 29. We encourage residents and their Designated Representatives to complete. The information gathered is used to help Grand Meadows strive for excellence and greatly appreciated.



A special thank you to Glencoe's Fire Department for coming to the annual community drill. We appreciate the collaboration to keep our residents safe.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

The presence of springtime is everywhere with the sounds of lawnmowers and the beautiful blooms of the flowering crab trees. In May we honored our mothers with the quilt display & salad luncheon, had our last First Lutheran kindergarten visit for the school year, and honored our veterans who are no longer with us with a Memorial Day service.

Below are some upcoming events & activities to highlight for June:

- Monday, June 15th at 2:30 PM is the June Birthday Celebration with music by Chuck Thiel.
- This month's outing is lunch at Blue Note in Winsted on Thursday, June 18th at 10:45 AM. Sign up in the office.
- Friday, June 19th is our Father's Day celebration, 11:00 AM music by Ross McLeod followed by a Cook-out for Dad's.



Please join us for the next Dementia Support Group Meeting that will be presented by Ridgeview on **Tuesday, June 30th at 2:00 PM** in the Great Room. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.

Kitchen Korner

By: Angelee Wilkerson, Director of Dining Services

BANANA-OAT HONEY MUFFINS

- | | |
|------------------------|----------------|
| 2 ripe bananas, mashed | 1 egg |
| 1½ cups rolled oats | 3 Tbsp honey |
| 1 tsp baking powder | ¼ cup milk |
| Pinch of salt | ½ tsp cinnamon |

→ Mix mashed banana, egg, honey, and milk. Stir in oats, baking powder, cinnamon, and salt. Divide into muffin tin and bake at 350°F for 15-18 minutes.



Nursing Notes:

By: Mikaylin Goetze, Clinical Nurse Supervisor

Happy June Everyone!

We are celebrating Care Specialist Week this month! We will be celebrating starting Monday June 8th through Friday June 12th.

Please keep your eyes on the calendar for dress up days and other fun events!

Care Specialists will receive coloring pictures to color, and residents will vote on which coloring page they think is the best on Friday June 12th.

We are so appreciative of our Care Specialists for their kindness, compassion, and dedication. If you see a Care Specialist, please thank them for all they do!

Wishing you a happy and healthy June! 😊



TIP OF THE DAY
 Romaine lettuce is loaded with vitamins. Compared to iceberg, it has 3 times as much vitamin C and six times as much vitamin A.