



**4/15 - Lois Zarnott**  
**4/16 - Birdie Stuewe**



**3/31 - Delvin Dittmer**  
**4/3 - Darlene Steffer**

**May Birthdays**

In astrology, those born May 1–20 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, they are not shy about rewarding themselves for a job well done. Those born May 21–31 are Gemini's Twins. The Twins represent energetic communication and interaction. Curious Geminis love to collect and share information. Witty and intellectual, they attract many friends, mentors, and colleagues.

- 5/5 **Orlan Flaata**
- 5/6 **Kenneth Franke**
- 5/7 **Jessica Wegener**
- 5/11 **Joy Draeger**
- 5/20 **Gwen Wendinger**
- 5/23 **Jamiee Johnson**
- 5/25 **Marlys Hoecke**
- 5/26 **Olga Pineda**
- 5/28 **Gladys Mathwig**



**Grand Meadows' Management Team:**

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze ... Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sadie Jenkins ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Jay Shields ... Maintenance Assistant
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

**Getting to Know... Willis Herrmann**



Willis Herrmann moved to Grand Meadows in July of 2025. He was born and raised in Glencoe and attended Glencoe High School before going into the Army. He had a long-time career working for 67 years at Harpel's in Glencoe in the oil rack, sales & parts departments. He and Lois Michaelis were married on May 13, 1956 & enjoyed 64 years together before her passing on June 12, 2020. They were blessed with one son, Keith (wife Kathy), two grandchildren Adam (Jen) & Steph (Greg) & four great-grandchildren Evan, Sydney, Noah & Spencer. Willis enjoys bingo, watching ball games & visiting. We're happy to have him as part of our Grand Meadows' family!

# GRAND MEADOWS

1420 PRAIRIE AVENUE, GLENCOE, MN 55336 | (320)-864-5577



**Celebrating May**

**Family Month**

**Arthritis Awareness Month**

**Personal History Awareness Month**

**Global Love Day**  
*May 1*

**Star Wars Day**  
*May 4*

**Mother's Day**  
*May 10*

**International Nurses Day**  
*May 12*

**New Friends, Old Friends Week**  
*May 17–23*

**Rescue Dog Day**  
*May 20*

**Memorial Day**  
*May 25*

**Greetings from Janelle Kellermann, Executive Director**

Our annual Resident survey will begin May 29. Please drop off your completed survey at the desk, so we can check your name off the completed survey list. Your Designated Representative will also receive a survey via email to complete online. We appreciate your feedback as we strive to make Grand Meadows a thriving community for all.



We celebrated Mark Rieger's retirement on Tuesday, April 14. He started as the Maintenance Manager with Grand Meadows in August of 2009, when we opened this building. Mark's strong work ethic has kept this building in excellent condition with our staff, residents and families appreciating his work. He did an excellent job over the last few years in preparing Islam to become the Director of the Maintenance department. Mark & his wife, Barb, live in Hutchinson. They have three grown children: twin daughters, Nicole (Sam) & Alaina (Nate) and son, Eric and three grandchildren, Theo, Tova & Leif. Mark's looking forward to more free time for camping, fishing, working in his wood shop & family time. He has been a vital part of this organization & his humor; dedication & friendly face will be missed by all of us. We wish him only the best in retirement!



### Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

Happy May! It has been so good to see you taking advantage of this spring weather we are having. We are looking forward to when we can have our entertainment on the patio and soak up the sunshine.

Please note the following upcoming events & activities:

- Tuesday, May 5<sup>th</sup> at 1:30 PM Olga will teach us how to make tamales.
- Friday, May 8<sup>th</sup> at 11:00 AM Mother's Day Quilt Show with music and a salad luncheon to follow.
- Wednesday, May 13<sup>th</sup> at 9:30 AM Outing to MN Landscape Arboretum (please sign up in office)
- Monday, May 25<sup>th</sup> at 11:15 AM Memorial Day Program in the lounge.



The next Dementia Support Group Meeting will be **Tuesday, May 26 at 2:00 PM** in the Great Room. The topic for this month's meeting is 'Brain Health' presented by Ridgeview. This group is for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.


### Kitchen Korner: By: Angelee Wilkerson, Director of Dining Services

## Potato Pancakes

<b>Ingredients:</b>	<b>Instructions:</b>
<ul style="list-style-type: none"> <li>• 3 potatoes, grated</li> <li>• 1 small onion, grated</li> <li>• 2 tbsp flour</li> <li>• 1 egg</li> <li>• Salt &amp; pepper</li> </ul>	<ul style="list-style-type: none"> <li>• Mix potatoes, onion, flour, egg, salt, and pepper.</li> <li>• Heat skillet with a little oil.</li> <li>• Drop spoonfuls and fry until golden on both sides.</li> </ul>



*Jeremy Gontas*



**TIP OF THE DAY**  
Always add a little sugar when cooking fresh vegetables. This brings out the flavor.



### Nursing Notes: By: Mikaylin Goetze, Clinical Nursing Supervisor



Nurses Week is May 4-9<sup>th</sup>. Please join us in celebration of Grand Meadows Nurses: Mikaylin, Kathleen, Sandy, & Sadie with a special Happy Hour on Thursday, May 7, at 3:00 PM in the Coffee Shop!

