

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026



GRAND MEADOWS - GRAND COURT

**HAPPY
BIRTHDAY
SARA F.!**


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**HAPPY
BIRTHDAY
LISA H.!**

 9:30 Daily
Chronicle/Devotions
10:45 Exercise
Class/Biodex
3:00 Bingo
6:00 Hand Massage/
Soft Music

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10

 9:30 Daily
Chronicle/Devotions
10:30 Hallway
Walk/Biodex
6:00 Puzzle Time

 9:30 Daily
Chronicle/Devotions
10:00 Exercise
Class/Biodex
2:00 Short Stories
6:00 Hand Massage/
Soft Music

 9:30 Daily
Chronicle/Devotions
10:00 Exercise
Class/Biodex
2:00 Manicures
6:00 Creative Color

 9:30 Daily
Chronicle/Devotions
10:45 Exercise
Class/Biodex
10:30 CHRIST
LUTHERAN
WORSHIP
SERVICE (L)
6:00 Hand Massage/
Soft Music

 9:30 Daily
Chronicle/Devotions
10:45 Exercise
Class/Biodex
2:00 FIRST
LUTHERAN
WORSHIP
SERVICE (L)
6:00 Puzzle Time

 9:30 Daily
Chronicle/Devotions
10:45 Exercise
Class/Biodex
2:00 Bingo
6:00 Hand Massage/
Soft Music

 9:30 Daily
Chronicle/Devotions
10:30 Hallway
Walk/Biodex
2:00 Balloon Toss
6:00 Creative Color

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**HAPPY
BIRTHDAY
LUCY O. & BEV P.!**

 9:30 Daily
Chronicle/Devotions
10:30 Hallway
Walk/Biodex
2:00 Table Top Bean
Bag Toss
6:00 Puzzle Time

 9:45 Daily
Chronicle/Devotions
10:00 Exercise
Class/Biodex
2:30 MUSIC BY
BILL LITZAU &
JANUARY
BIRTHDAY PARTY
(L)
6:00 Hand Massage/
Soft Music

 9:30 Daily
Chronicle/Devotions
10:00 Exercise
Class/Biodex
2:00 Manicures
6:00 Soft Music

 9:30 Daily
Chronicle/Devotions
10:45 Exercise
Class/Biodex
2:00 Baking Group
6:00 Hand Massage/
Soft Music

 9:30 Daily
Chronicle/Devotions
10:45 Exercise
Class/Biodex
1:45 FIRST
LUTHERAN
K. CLASS VISIT (L)
6:00 Puzzle Time

 9:30 Daily
Chronicle/Devotions
10:45 Exercise
Class/Biodex
2:00 Bingo
6:00 Hand Massage/
Soft Music

 9:30 Daily
Chronicle/Devotions
10:30 Hallway
Walk/Biodex
2:00 Movie Matinee
6:00 Puzzle Time

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**HAPPY
BIRTHDAY
MICK S.!**

 9:30 Daily
Chronicle/Devotions
10:30 Hallway
Walk/Biodex
2:00 COMMUNITY
WORSHIP
SERVICE W/PR.
THOMPSON (L)
6:00 Creative Color

 9:30 Daily
Chronicle/Devotions
10:00 Exercise
Class/Biodex
2:30 Craft
6:00 Hand Massage/
Soft Music

 9:30 Daily
Chronicle/Devotions
10:00 Exercise
Class/Biodex
2:00 Manicures
6:00 Soft Music

 9:30 Daily
Chronicle/Devotions
10:30 Rosary (C)
10:45 Exercise
Class/Biodex
2:00 Bingo
6:00 Hand Massage/
Soft Music

 9:30 Daily
Chronicle/Devotions
10:45 Exercise
Class/Biodex
2:00 Happy Hour &
Trivia
6:00 Puzzle Time

 9:30 Daily
Chronicle/Devotions
10:45 Exercise
Class/Biodex
2:00 Bingo
6:00 Hand Massage/
Soft Music

 9:30 Daily
Chronicle/Devotions
10:30 Hallway
Walk/Biodex
1:30 PIANO MUSIC
BY ALYSON (L)
6:00 Puzzle Time

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**HAP
PY
BIRTHDAY
GINNY J.!**

 9:30 Daily
Chronicle/Devotions
10:30 Hallway
Walk/Biodex
2:00 COMMUNITY
WORSHIP
SERVICE W/PR.
NIEBUHR (L)
6:00 Creative Color

**HAPPY
BIRTHDAY
ALICE S.!**

 9:30 Daily
Chronicle/Devotions
10:00 Exercise
Class/Biodex
2:30 Mind Matters
6:00 Hand Massage/
Soft Music

 9:30 Daily
Chronicle/Devotions
10:00 Exercise
Class/Biodex
2:00 Manicures
6:00 Soft Music

 9:30 Daily
Chronicle/Devotions
10:30 Mass (C)
10:45 Exercise
Class/Biodex
2:00 Bingo
6:00 Hand Massage/
Soft Music

 9:30 Daily
Chronicle/Devotions
10:45 Exercise
Class/Biodex
2:30 MUSIC BY JIM
WENDOLEK (L)
6:00 Puzzle Time

 9:30 Daily
Chronicle/Devotions
10:45 Exercise
Class/Biodex
2:00 Bingo
6:00 Hand Massage/
Soft Music

 9:30 Daily
Chronicle/Devotions
10:30 Hallway
Walk/Biodex
2:00 Movie Matinee
6:00 Puzzle Time

***COMMUNITY ACTIVITIES HELD ON ASSISTED LIVING. ACTIVITIES ARE SUBJECT TO CHANGE**