



1/27 – Darlene Steffer



12/31 – Jeanette Neubarth

Getting to Know...Marvin & Gloria Gustafson

Marvin & Gloria Gustafson moved to Grand Meadows in May from their home in Glencoe. Marvin was born in Bryant, SD & attended school in Lead, SD. Gloria was born in Britton, SD and attended school in Langford, SD. They were married on September 17, 1961 and were blessed with one son, Aaron; two grandchildren Tyler & Collin and two great-grandchildren Brooklyn & Grayson. Marvin was in the National Guard for 8 1/2 years, a member of the Lions for 30 years, and was employed at Weavewood Industries in Minneapolis, while Gloria worked at Hot Shots in Savage. They both enjoy playing cards and spending time with their grandchildren & great-grandchildren. Marvin loves to fish & attend Men's Bible Study & Gloria loves to bake & sew quilts at church. We're happy they are part of our Grand Meadows' family!



Grand Meadows' Management Team:

Janelle Kellermann ... Executive Director
 Michele Mackenthun ... Operations Manager
 Mikaylin Goetze ... Clinical Nurse Supervisor
 Kathleen Holland ... RN Care Manager
 Sandy Voelkel ... Support LPN
 Islam Barrera-Colin ... Maintenance Director
 Mark Rieger ... Maintenance Assistant
 Angelee Wilkerson ... Director of Dining Services
 Sara Brown ... Meaningful Days Coordinator
 Sara Fasching ... Health & Wellness Director
 Sandra Chaplin ... Administrative Support

February Birthdays

In astrology, those born February 1–18 are Aquarian Water Bearers. Aquarians have attractive personalities, vivid imaginations, strong intuition, and a thirst for knowledge. They also share a strong desire to help humanity and create unity. Those born between February 19–29 are Pisces. These Fish are spiritual types who feel comfortable in their introspective natures. As passionate, romantic, creative dreamers, they are charitable helpers who go with the flow.

2/1 – Sandra Voelkel
 2/6 – Verona Kosek
 2/12 – Eileen Anderson
 2/12 – Marlys Jungclaus
 2/13 – Harriet Schmidt
 2/13 – Dora Montes
 2/14 – Joan Binder
 2/18 – Desiree Strassburg
 2/19 – Lynn Zimbrick
 2/24 – Lillie Lindeman
 2/25 – Adeline Taaffe



GRAND MEADOWS

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Celebrating February

Time Management Month

Plant the Seeds of Greatness Month

Spunky Old Broads Day

February 1

Groundhog Day

February 2

Periodic Table Day

February 7

Valentine's Day

February 14

Random Acts of Kindness Week

February 15–21

Chinese New Year

(Year of the Horse)

February 17

International Mother Language Daymea

February 21

Tell a Fairy Tale Day

February 26

Greetings from Janelle Kellermann, Executive Director

2025 CRP (Rent Credit) forms were distributed to residents or designated representatives with the February rent statements. If you have any questions, please let Michele know. During our February Resident meeting, we will review our emergency procedures. We do this each year in February & August to know how to handle emergency situations.



OUR TEAM

EMPLOYEE SPOTLIGHT

Tiffany De Leon joined our staff last February and is coming up on her first anniversary. Tiffany was born in Uvalde, Texas and went to school there. She lived in Glencoe for eight years with her husband of 13 years, Markos and her two children Laylien (age 17) & Markos Jr. (age 8). They have a six year-old male pit bull named Kilo and two female cats; four-year old Cesar & one-year old

Isla. She loves spending time with her family, trying new things & traveling. The thing she most enjoys about her job is the residents! She's gotten to know every single resident at GM. She loves hearing where they came from and how they lived when they were younger. We're so pleased to have Tiffany on our team!

Congratulations



Grand Meadows ED, Janelle Kellermann & CNS, Mikaylin Goetze, were presented with the 'Dynamic Duo' Award at Progressive Care's Charting the Course Conference held in January. The award is in recognition of their creation & implementation of the 'Dragon Fly' Program at Grand Meadows Community, honoring resident's final moments of life.

Health & Wellness

By: Sara Fasching, Health & Wellness Director & Sara Brown, Meaningful Days Coordinator

Happy February!

This month may be short, but it's packed with many activities. Some of the highlights are:

-Baby goats from Goat Shine on February 2, at 3:00 PM in the Garden Room.

-Music by A-Frame and February birthday celebration February 9 at 2:30 PM.

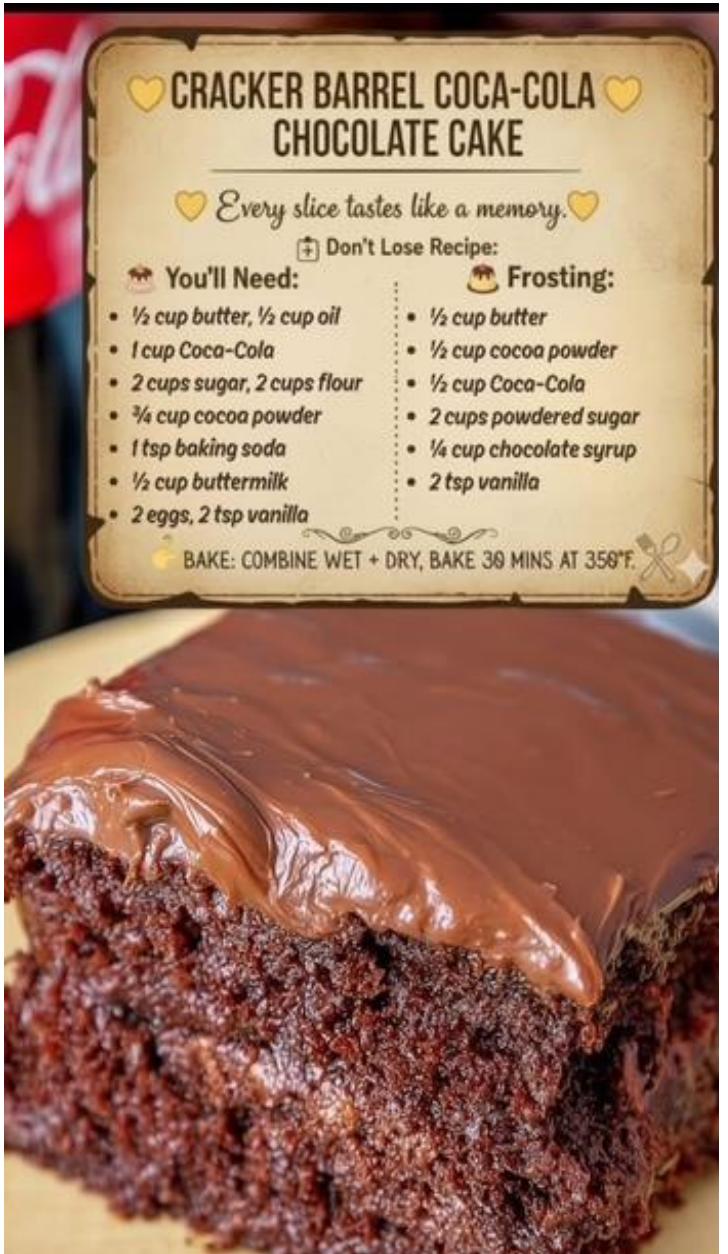
-1-1 interviews with Ridgewater students on February 12 at 10:00 AM.

- First Lutheran Kindergarten class visit on February 19 at 1:45 PM.

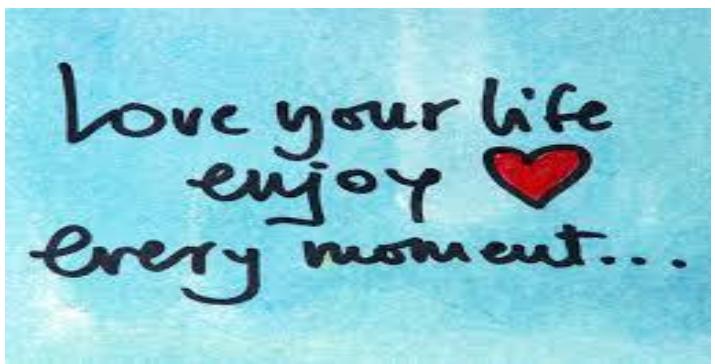
-Out to eat at A-Town on February 26 (sign up)



Grand Meadows first monthly Dementia Support Group was held on Tuesday, January 27. The next Dementia Support Group Meeting will be [Tuesday, February 24th at 2:00 PM](#) in the Great Room, Sara Brown, Meaningful Days Coordinator, will be facilitating Grand Meadows Dementia Support Group for care givers & loved ones of people living with dementia. This is a welcoming space for families to share, learn, and grow in community.



TIP OF THE DAY
Store ice cream containers in a large Ziploc freezer bag. This will prevent ice crystals from forming in the freezer.



Nursing Notes

By: Mikaylin Goetze, Clinical Nursing Supervisor



National Wear Red Day for Heart Disease Awareness is Friday, February 6, 2026

The first Friday in February (February 7) is National Wear Red Day. On this day, which is considered American Heart Month, everyone across the country dons the color red in order to raise and spread awareness in hopes to help eradicate heart disease and stroke in millions of women all over the nation. So put on your reddest red — whether it be a lipstick, a pair of pants, or your favorite hat — and paint the city red.



Ladies come enjoy a little pampering with Mary Kay 'Kissable Lips' activity on Friday, February 2nd.

- Grand Court Ladies will be pampered at 10:00 AM in the Grand Court Dining Room.
- Assisted Living Residents can **sign up in the office** to attend at 11:00 AM in the Great Room.

*This is a free event! Come for the fun & pampering! If anyone is interested in buying product, some moisturizer products will be on hand & popular lipstick colors to purchase. Orders can be made through the Mary Kay Consultant. NOTE: no pressure to buy. See Sara Brown, Meaningful Days Coordinator with questions.