

| Sunday                                                                                                                                                 | Monday                                                                                                                                                                                                         | Tuesday                                                                                                                                                                                                                                | Wednesday                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                                                                                               | Friday                                                                                                                                                                                               | Saturday                                                                                                                                                                                                                                                |
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|  <h1>February 2026</h1> <h2>GRAND MEADOWS-ASSISTED LIVING</h2>        |                                                                                                                                                                                                                |                                                                                                                                                                                                                                        |                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                      |                                                                                                                                                                                                                                                         |
| <b>HAPPY BIRTHDAY SANDY VOELKEL!</b><br>1:30 Movie Matinee<br>Resident Choice (GR)<br>3:15 Cookie Social (CS)<br><br><small>Tu B'Shevat Begins</small> | 10:45 Headlines (GR)<br>11:15 Exercise Class (L)<br>1:15 Movers & Shakers (E)<br><b>1:30 Bible Study (GR)</b><br><b>3:00 Goat Shine Visit (Garden Room)</b><br><br><small>Groundhog Day</small>                | <b>9:30 Devotions (L)</b><br>11:15 Exercise Class (L)<br><b>*1:30 Shop Coborn's</b><br>2:30 Craft (L)<br>3:30 L,C,R Dice Game (L-Independent)<br>6:00 Scrabble (L-Ind.)                                                                | <b>10:30 Rosary (C)</b><br>11:15 Exercise Class (L)<br>1:15 Stretch Class Video (E-Independent)<br>2:00 Movie Matinee<br>Resident Choice (GR)                                                    | <b>10:30 Christ Lutheran Worship Service (L)</b><br>11:30 Exercise Class (L)<br>1:15 Manicures (L)<br>3:00 Happy Hour (CS)                                                                                                                                                                             | <b>HAPPY BIRTHDAY VERONA KOSEK!</b><br>11:00 Mary Kay 'Kissable Lips' (sign up in office) (GR)<br>2:00 Bingo (L)<br>4:00 Weekend Packet Pick-Up (L-Independent)<br><br><b>National Wear Red Day!</b> | 10:00 Stretch Class Video (E-Independent)<br>2:00 Movie Matinee<br>Resident Choice (GR)                                                                                                                                                                 |
| 3:15 Cookie Social (CS)<br>5:30 Super Bowl Bash (GR)<br><br>          | 10:45 Headlines (GR)<br>11:15 Exercise Class (L)<br>1:15 Movers & Shakers (E)<br><b>1:30 Bible Study (GR)</b><br><b>2:30 Music by A-Frame &amp; February Birthday Celebration (L)</b>                          | <b>9:30 Devotions (L)</b><br>11:15 Exercise Class (L)<br><b>*1:30 Shop DG Market</b><br>3:00 L,C,R Dice Game (L-Independent)<br>6:00 Scrabble (L-Independent)                                                                          | <b>10:30 Catholic Mass (C)</b><br>11:15 Exercise Class (L)<br>1:15 Movers & Shakers (E)<br>2:00 Dining Meeting (L)<br>2:30 Bingo (L)                                                             | <b>HAPPY BIRTHDAY EILEEN ANDERSON &amp; MARLYS JUNGCLAUS!</b><br><b>9:00 CLC Women's Bible Study (C)</b><br><b>10:00 1-1 w/Ridgewater Students (L) (sign up in office)</b><br>11:15 Exercise Class (L)<br>1:15 Manicures (E)<br><b>2:00 First Lutheran Worship Service (L)</b><br>3:00 Happy Hour (CS) | <b>HAPPY BIRTHDAY HARRIET SCHMIDT &amp; DORA MONTES!</b><br>11:15 Exercise Class (L)<br>2:00 Bingo (L)<br>4:00 Weekend Packet Pick-Up (L-Independent)                                                | <b>HAPPY BIRTHDAY JOAN BINDER!</b><br>Independent Gnome Scavenger Hunt (collect & turn in up to 3 gnomes to Sara(s) for a prize)<br>10:00 Stretch Class Video (E-Independent)<br>1:30 L,C,R Dice Game (L-Independent)<br><small>Valentine's Day</small> |
| 2:30 Community Worship w/ Pr. Arndt (L)<br>3:15 Cookie Social (CS)                                                                                     | 10:45 Headlines (GR)<br>11:15 Exercise Class (L)<br>1:15 Movers & Shakers (E)<br><b>1:30 Bible Study (GR)</b><br>2:30 Men's Group (GR)<br>2:30 Women's Group (CS)<br><br><small>Presidents' Day (U.S.)</small> | <b>9:30 Devotions (L)</b><br>11:15 Exercise Class (L)<br><b>*1:30 Shop Coborn's</b><br>3:00 L,C,R Dice Game (L)<br>6:00 Scrabble (L-Ind.)<br><br><small>Ramadan Begins<br/>Mardi Gras<br/>Chinese New Year (Year of the Horse)</small> | <b>HAPPY BIRTHDAY DESIREE STRASSBURG!</b><br><b>10:30 Rosary (C)</b><br>11:15 Exercise Class (L)<br>1:15 Movers & Shakers (E)<br>2:00 Bingo (L)<br><br><small>Ash Wednesday</small>              | <b>HAPPY BIRTHDAY LYNN ZIMBRICK!</b><br>11:15 Exercise Class (L)<br><b>1:45 First Lutheran Kindergarten Class Visit (L)</b><br>3:00 Happy Hour (CS)                                                                                                                                                    | 11:15 Exercise Class (L)<br>2:00 Bingo (L)<br>3:15 Manicures (L)<br>4:00 Weekend Packet Pick-Up (L-Independent)                                                                                      | 10:00 Stretch Class Video (E-Independent)<br><b>3:15 Music by T-Bone Rey (L)</b>                                                                                                                                                                        |
| 2:30 Community Worship w/Pr. Mastin (L)<br>3:15 Cookie Social (CS)                                                                                     | 10:45 Headlines (GR)<br>11:15 Exercise Class (L)<br>1:15 Movers & Shakers (E)<br><b>1:30 Bible Study (GR)</b><br><b>1:45 Lakeside Students visit (L)</b>                                                       | <b>HAPPY BIRTHDAY LILLIE LINDEMAN!</b><br><b>9:30 Devotions (L)</b><br>11:15 Exercise Class (L)<br><b>*1:30 Shop Coborn's</b><br>2:00 Dementia Support Group (GR)<br>3:00 L,C,R Dice Game (L-Ind)<br>6:00 Scrabble (L-Ind.)            | <b>HAPPY BIRTHDAY ADDIE TAAFFE!</b><br><b>10:30 Catholic Mass (C)</b><br>11:15 Exercise Class (L)<br>1:15 Movers & Shakers (E)<br>2:00 Resident Meeting & Resident Council (L)<br>2:30 Bingo (L) | 11:15 Exercise Class (L)<br>1:15 Manicures (L)<br>2:30 Happy Hour (CS)<br><b>4:00 Outing A-Town Tavern (sign up in office)</b>                                                                                                                                                                         | 11:15 Exercise Class (L)<br>2:00 Bonus Bingo (L)<br>4:00 Weekend Packet Pick-Up (L-Independent)                                                                                                      | 10:00 Stretch Class Video (E-Independent)<br>2:00 Movie Matinee<br>Resident Choice (GR)                                                                                                                                                                 |

ACTIVITIES ARE SUBJECT TO CHANGE. RELIGIOUS ACTIVITIES IN PURPLE. \*OUTING SIGN UP IN MAIN OFFICE.