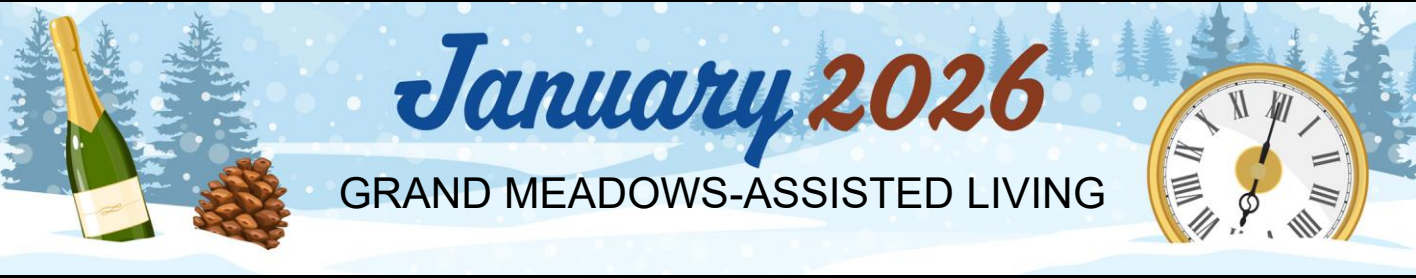


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <i>January 2026</i> GRAND MEADOWS-ASSISTED LIVING				HAPPY BIRTHDAY SARA FASCHING! 1 Independent Snowman Scavenger Hunt (collect & turn in up to 3 items to Sara's for a prize) 2:45 Cookie Social (CS) HAPPY NEW YEAR! New Year's Day	2 11:15 Exercise Class (L) 2:00 Bingo (L) 4:00 Weekend Packet Pick-Up (L-Independent)	HAPPY BIRTHDAY LISA HILL! 3 10:00 Stretch Class Video (E-Independent)
4 3:15 Cookie Social (CS) Vikings vs. Packers? TBD	5 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 1:30 Bible Study (GR) 2:30 Pokeno (L)	6 9:30 Devotions (L) 11:15 Exercise Class (L) *1:30 Shop Coborn's 3:00 L,C,R Dice Game (L-Independent) 6:00 Scrabble (L-Independent)	7 10:30 Rosary (C) 10:30 Christ Lutheran Worship Service (L) 11:30 Exercise Class (L) 1:15 Movers & Shakers (E) 2:00 Bingo (L)	HAPPY BIRTHDAY SOPHIE KVALE! 8 9:00 CLC Women's Bible Study (C) 11:15 Exercise Class (L) 1:15 Manicures (E) 2:00 First Lutheran Worship Service (L) 3:00 Happy Hour (CS)	9 11:15 Exercise Class (L) 2:00 Bingo (L) 4:00 Weekend Packet Pick-Up (L-Independent)	10 10:00 Stretch Class Video (E-Independent) 2:00 Movie Matinee Resident Choice (GR)
11 3:15 Cookie Social (CS)	12 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 1:30 Bible Study (GR) 2:30 Music by Bill Litzau & January Birthday Celebration (L)	13 9:30 Devotions (L) 11:15 Exercise Class (L) *1:30 Shop DG Market 3:00 L,C,R Dice Game (L-Independent) 6:00 Scrabble (L-Independent)	14 10:30 Mass (C) 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 2:00 Dining Meeting (L) 2:30 Bingo (L)	15 11:15 Exercise Class (L) 1:45 First Lutheran Kindergarten Class Visit (L) 3:00 Happy Hour (CS)	16 11:15 Exercise Class (L) 2:00 Bingo (L) 3:15 Manicures (L) 4:00 Weekend Packet Pick-Up (L-Independent)	HAPPY BIRTHDAY JOAN ROEPKE & LUCILLE O'DONNELL! 17 10:00 Stretch Class Video (E-Independent) 1:30 L,C,R Dice Game (L-Independent)
18 2:30 Community Worship w/Pr. Thompson (L) 3:15 Cookie Social (CS)	19 10:45 Headlines (GR) 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 1:30 Bible Study (GR) 2:30 Snowman Craft (L) Martin Luther King Jr. Day	20 9:30 Devotions (L) 11:15 Exercise Class (L) *1:30 Shop Coborn's 3:00 L,C,R Dice Game (L-Independent) 6:00 Scrabble (L-Independent)	HAPPY BIRTHDAY BEVERLY PHIFER! 21 10:30 Rosary (C) 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 2:00 Bingo (L)	22 11:15 Exercise Class (L) 1:15 Manicures (L) 3:00 Happy Hour (CS)	23 10:15 Exercise Class (L) 11:00 Out for Lunch @ Bump's Restaurant (sign up in the office) 2:30 Bingo (L) 4:00 Weekend Packet Pick-Up (L-Independent)	HAPPY BIRTHDAY MICK SONDERGARD! 24 10:00 Stretch Class Video (E-Independent) 1:30 Movie Matinee Resident Choice (GR)
HAPPY BIRTHDAY VIRGINIA JERABEK! 25 2:30 Community Worship w/Pr. Niebuhr (L) 3:15 Cookie Social (CS)	HAPPY BIRTHDAY ALICE SCHWARZROCK! 26 10:45 Headlines (GR) 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 1:30 Bible Study (GR) 2:30 Men's Group (GR) 2:30 Women's Group (CS) Australia Day (Observed)	27 9:30 Devotions (L) 11:15 Exercise Class (L) *1:30 Shop Coborn's 2:00 Dementia Support Group (GR) 3:00 L,C,R Dice Game (L) 6:00 Scrabble (L-Ind.)	28 Podiatrist visit (GR) 10:30 Mass (C) 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 2:00 Resident Meeting & Resident Council (L) 2:30 Bingo (L)	29 11:15 Exercise Class (L) 1:15 Manicures (L) 2:30 Music by Jim Wendolek (L) Happy Hour following music (L)	30 11:15 Exercise Class (L) 2:00 Bonus Bingo (L) 4:00 Weekend Packet Pick-Up (L-Independent)	31 10:00 Stretch Class Video (E-Independent) 2:00 Movie Matinee Resident Choice (GR)

ACTIVITIES ARE SUBJECT TO CHANGE. RELIGIOUS ACTIVITIES IN PURPLE. *OUTING SIGN-UP IN OFFICE.