



11/18 Lois Grunst



11/2 Rosella Miller  
11/3 Lawrence Duenow



**Getting To Know...**

**Lillie Lindeman**

Lillie Lindeman moved to Grand Meadows in May of 2025 from her home in rural New Auburn township. She was born in Brownton & attended a country

school. She and Arthur were married on March 28, 1945. Lillie was a farm wife and homemaker enjoying life with Arthur until his passing in October of 1993. They are proud parents to: Ken, Lonnie, Steven, Kevin, Brad, Barrett & Jason Lindeman and Deb Schlueter. They also had two more children, Brad passed away in 1979 and Pam Mrkvicka in 1992. She also has 24 grandchildren and 45 great-grandchildren! Most of her children live nearby, with the exception of one in Park Rapids & the other in Arizona. She enjoyed traveling with her husband to England, Germany and almost all of the US states. While on the farm, she enjoyed canning, milking cows, driving tractor and everything else a farm wife does. When they moved to town, she started embroidering and quilting. She has embroidered at least 100 pillowcases and almost as many dish towels. She wanted to make sure every grandchild and great-grandchild would be able to have one from her © We are so happy to have Lillie as part of our Grand Meadows' family!

**December Birthdays**

In astrology, those born December 1–21 are Archers of Sagittarius. Archers are exciting and independent. Their positive attitude, great sense of humor, and kind heart make them excellent friends. But get ready for an earful. Archers often speak their mind. Those born December 22–31 are Goats of Capricorn. Goats are the most stable and sure-footed of astrological signs. Reliable, economical, practical, and organized, they make good multitaskers and politicians.

- 12/4 - Harold Templin
- 12/6 - Diane Dittmer
- 12/13 - Francis Burch
- 12/15 - Fa Ziegenhagen
- 12/16 - Virginia Pavelek
- 12/17 - Kathryn Schumacher
- 12/18 - Kenneth Waterman
- 12/26 - Kathlene Flaata
- 12/26 - Mark Rieger



**Grand Meadows' Management Team:**

- Janelle Kellermann ... Executive Director
- Michele Mackenthun ... Operations Manager
- Mikaylin Goetze ... Clinical Nurse Supervisor
- Kathleen Holland ... RN Care Manager
- Sandy Voelkel ... Support LPN
- Islam Barrera-Colin ... Maintenance Director
- Mark Rieger ... Maintenance Assistant
- Angelee Wilkerson ... Director of Dining Services
- Sara Brown ... Meaningful Days Coordinator
- Sara Fasching ... Health & Wellness Director
- Sandra Chaplin ... Administrative Support

# GRAND MEADOWS

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**Celebrating December**

**Bingo Month**

**Spiritual  
Literacy Month**

**Safe Toys and Gifts Month**

**Antarctica Day**  
*December 1*

**Mutt Day**  
*December 2*

**Lost and  
Found Day**  
*December 12*

**Hanukkah**  
*December 14–22*

**IFCM World Choral Day**  
*December 14*

**Christmas**  
*December 25*

**Boxing Day**  
*December 26*

**Kwanzaa**  
*December 26–January 1*

**New Year's Eve**  
*December 31*

**Greetings from Janelle Kellermann,  
Executive Director**

Included with this newsletter is the Christmas meal RSVP letter. Please complete and return to the office by Friday, December 12, so we can make plans for ordering our food.

Just a reminder as the holiday's approach that our staff are not able to accept personal gifts from Grand Meadows' residents or families. If you wish to share the holidays with our staff, you may leave a group gift (i.e., candy, cookies, fruit, nuts, etc.) in the office. We appreciate your thoughtfulness, but it is not expected or necessary.

Please note due to the holidays, the December's Resident Meeting & Resident Council will be on Monday, December 29 at 2:30 PM in the Lounge.

Wishing you a blessed Christmas with your family and friends from the Grand Meadows' Leadership Team!





## Health & Wellness

By: Sara Brown & Sara Fasching

Happy Holidays! It is hard to believe that Christmas is upon us and 2026 is quickly approaching. Lots of Holiday Cheer & Celebrating will be had throughout the month. Be sure to check out the Activity Calendar for all the fun events, and anticipate 'last minute' Carolers.

A few holiday highlights:

- Sign up to Shop at Walmart Tuesday, December 2, at 9:30 AM
- Sign up to tour Gaylord Park Christmas Lights & dine out at EJ's, Wednesday, December 10, at 4:30 PM
- Tuesday, December 16 at 1:45 PM, in the Lounge, First Lutheran Schools' First Graders & Kindergarteners sing.
- Join us for our annual resident Christmas celebration:

Thursday, December 18,  
Holiday Cheer Brunch at 10:30 AM  
in the Dining Room with  
Crooner Christmas Entertainment  
Beginning at 11:30 AM

- 'Noon' Year's Eve Celebration begins with music by Ross McLeod at 11:00 AM in the Lounge, followed by lunch on December 31, at noon in dining room.
- Pick up a ballot on December 24, after 3:00 PM to vote for your top 2 Apartment Doorway Christmas Décor favorites. Turn in ballots to the office by December 30. Winners will be announced at 'Noon' Year's Eve Meal.

We are excited to share with everyone that in January we will be enhancing our dementia programming for Grand Court residents with 'Meaningful Days'. There will be more information in January's Newsletter.

### Recipe of the Month

#### Beer Bread



#### Ingredients:

3 c. flour  
1 tsp. baking powder  
1 tsp. salt  
½ c. sugar  
1 can beer, room temperature  
¼ c. butter, melted

#### Instructions:

Mix all of the dry ingredients together except for the butter. Add beer and mix well. Bake in a greased bread pan for 35 minutes at 400 degrees. Pour ¼ c. melted butter over the top and bake for 10 more minutes. Remove from pan and cool. Can be served in slices or cubed for dipping.



Pictured above is the group who attended November's Out to Lunch at Hillcrest Café.



## Nursing Notes

By: Mikaylin, Clinical Nursing Supervisor



While the holidays are a joyous time of celebration, it can also be a difficult time for many, missing loved ones that are no longer with us. On Monday, December 9 at 3:00 PM in the Great Room, St. Croix Hospice will hold a Grief Support Group. They will provide insight into grief, the grieving process associated with loss and death and how grief processing impacts our well-being and the care we provide.