

11/18 Lois Grunst



11/2 Rosella Miller 11/3 Lawrence Duenow



Getting To Know... Lillie Lindeman

Lillie Lindeman moved to Grand Meadows in May of 2025 from her home in rural New Auburn township. She was born in Brownton & attended a country

school. She and Arthur were married on March 28, 1945. Lillie was a farm wife and homemaker enjoying life with Arthur until his passing in October of 1993. They are proud parents to: Ken, Lonnie, Steven, Kevin, Brad, Barrett & Jason Lindeman and Deb Schlueter. They also had two more children, Brad passed away in 1979 and Pam Mrkvicka in 1992. She also has 24 grandchildren and 45 great-grandchildren! Most of her children live nearby, with the exception of one in Park Rapids & the other in Arizona. She enjoyed traveling with her husband to England, Germany and almost all of the US states. While on the farm, she enjoyed canning, milking cows, driving tractor and everything else a farm wife does. When they moved to town, she started embroidering and guilting. She has embroidered at least 100 pillowcases and almost as many dish towels. She wanted to make sure every grandchild and great-grandchild would be able to have one from her © We are so happy to have Lillie as part of our Grand Meadows' family!

December Birthdays

In astrology, those born December 1–21 are Archers of Sagittarius. Archers are exciting and independent. Their positive attitude, great sense of humor, and kind heart make them excellent friends. But get ready for an earful. Archers often speak their mind. Those born December 22-31 are Goats of Capricorn. Goats are the most stable and sure-footed of astrological signs. Reliable, economical, practical, and organized, they make good multitaskers and politicians.

12/4 - Harold Templin

12/6 - Diane Dittmer

12/13 - Francis Burch

12/15 - Fa Ziegenhagen

12/16 - Virginia Pavelek

12/17 - Kathryn Schumacher

12/18 - Kenneth Waterman

12/26 - Kathlene Flaata

12/26 - Mark Rieger



Grand Meadows' Management Team:

Janelle Kellermann ... Executive Director Michele Mackenthun ... Operations Manager Mikaylin Goetze...Clinical Nurse Supervisor Kathleen Holland ... RN Care Manager Sandy Voelkel ... Support LPN Islam Barrera-Colin ... Maintenance Director Mark Rieger ... Maintenance Assistant Angelee Wilkerson ... Director of Dining Services Sara Brown ... Meaningful Days

Coordinator

Sara Fasching ... Health & Wellness

Director

Sandra Chaplin ... Administrative Support

December 2025

GRAND MEADOWS



Celebrating December

Bingo Month

Spiritual Literacy Month

Safe Toys and Gifts Month

Antarctica Day December 1

> **Mutt Day** December 2

Lost and **Found Day** December 12

Hanukkah

December 14-22

IFCM World Choral Day

December 14

Christmas

December 25

Boxing Day

December 26

Kwanzaa December 26-January 1

> New Year's Eve December 31

Greetings from Janelle Kellermann, Executive Director

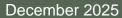
Included with this newsletter is the Christmas meal RSVP letter. Please complete and return to the office by Friday, December 12, so we can make plans for ordering our food.

Just a reminder as the holiday's approach that our staff are not able to accept personal gifts from Grand Meadows' residents or families. If you wish to share the holidays with our staff, you may leave a group gift (i.e., candy, cookies, fruit, nuts, etc.) in the office. We appreciate your thoughtfulness, but it is not expected or necessarv.

Please note due to the holidays, the December's Resident Meeting & Resident Council will be on Monday, December 29 at 2:30 PM in the Lounge.

Wishing you a blessed Christmas with your family and friends from the Grand Meadows' Leadership Team!





December 2025 December 2025

Health & Wellness By: Sara Brown & Sara Fasching

Happy Holidays! It is hard to believe that Christmas is upon us and 2026 is quickly approaching. Lots of Holiday Cheer & Celebrating will be had throughout the month. Be sure to check out the Activity Calendar for all the fun events, and anticipate 'last minute' Carolers.

A few holiday highlights:

- Sign up to Shop at Walmart Tuesday, December 2, at 9:30 AM
- Sign up to tour Gaylord Park Christmas Lights & dine out at EJ's, Wednesday, December 10, at 4:30 PM
- Tuesday, December 16 at 1:45 PM, in the Lounge, First Lutheran Schools' First Graders & Kindergarteners sing.
- Join us for our annual resident Christmas celebration:

Thursday, December 18, Holiday Cheer Brunch at 10:30 AM in the Dining Room with Crooner Christmas Entertainment Beginning at 11:30 AM

- 'Noon' Year's Eve Celebration begins with music by Ross McLeod at 11:00 AM in the Lounge, followed by lunch on December 31, at noon in dining room.
- Pick up a ballet on December 24, after 3:00 PM to vote for your top 2 Apartment Doorway Christmas Décor favorites. Turn in ballots to the office by December 30.
 Winners will be announced at 'Noon' Year's Eve Meal.

We are excited to share with everyone that in January we will be enhancing our dementia programming for Grand Court residents with 'Meaningful Days'. There will be more information in January's Newsletter.

Recipe of the Month

Beer Bread



Ingredients:

3 c. flour

1 tsp. baking powder

1 tsp. salt

½ c. sugar

1 can beer, room temperature

1/4 c. butter, melted

Instructions:

Mix all of the dry ingredients together except for the butter. Add beer and mix well. Bake in a greased bread pan for 35 minutes at 400 degrees. Pour ¼ c. melted butter over the top and bake for 10 more minutes. Remove from pan and cool. Can be served in slices or cubed for dipping.



Pictured above is the group who attended November's Out to Lunch at Hillcrest Café.







Nursing Notes By: Mikaylin, Clinical Nursing Supervisor



While the holidays are a joyous time of celebration, it can also be a difficult time for many, missing loved ones that are no longer with us. On Monday, December 9 at 3:00 PM in the Great Room, St. Croix Hospice will hold a Grief Support Group. They will provide insight into grief, the grieving process associated with loss and death and how grief processing impacts our well-being and the care we provide.









