October 2024

GRAND MEADOW-ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Devotions (L) 11:15 Exercise Class (L) 1:30 *Shop Coborn's 3:00 L,C,R Dice Game (L-bring 9 nickels) 6:00 Scrabble (L-Independent)	**2** **Happy Birthday Michele Mackenthun!** 11:15 Exercise Class (L) 1:15 Little Six Casino Trip 2:00 Movie Matinee: Jerry & Marge Go Large (GR) Rosh Hashanah Begins	**3** 10:30 Christ Lutheran Service (L) 11:30 Exercise Class (L) 1:15 Manicures (L) 3:00 Happy Hour (CS) 4:00 Cards & Games (L-Independent)	**4** 11:15 Exercise Class (L) 2:00 Bingo (L) 4:00 Weekend Packet (L-Independent)	**5** 10:00 Stretch Class Video (E-Independent) 2:00 Movie Matinee: October Sky (GR)
6 2:45 Cookie Social (CS)	**7** 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 1:30 Bible Study (C) 2:30 Bingo (L) 4:00 Weekly Packet (L-Independent)	**8** 9:30 Devotions (L) 10:00 Manicures (L) 11:15 Exercise Class (L) 1:30 *Dollar Tree 3:00 L,C,R Dice Game (L-bring 9 nickels) 6:00 Scrabble (L-Independent)	**9** **Happy Birthday Deborah Haag!** *Flu/Covid Shots* 10:30 Catholic Mass (GR) 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 2:00 Bingo (L)	**10** **Happy Birthday Julia Gomez!** 9:00 CLC Women's Bible Study (C) 10:00 Stretch Class Video (E-Independent) 2:00 First Lutheran Worship Service (L) 3:00 Music by Allen & Kristen Carlson (L)	**11** 10:00 Stretch Class Video (E-Independent) 1:30 Resident Dining Meeting (L) 2:00 Cookie Social (CS) 4:00 Weekend Packet (L-Independent) Yom Kippur Begins	**12** **Happy Birthday Lily Franta!** 10:00 Stretch Class Video (E-Independent) 1:30 Halloween Crafts (L) 3:00 Grocery Bag Service Project (L-Independent)
13 2:45 Cookie Social (CS)	**14** 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 1:30 Bible Study (C) 2:00 Pokeno (L) 3:15 Men's Social (GR) 3:15 Women's Social (CS) 4:00 Weekly Packet (L-Independent) Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)	**15** **Happy Birthday Islam Barrera-Colin!** 9:30 Devotions (L) 11:15 Exercise Class (L) 1:30 *Shop Coborn's 3:00 L,C,R Dice Game (L-bring 9 nickels) 6:00 Scrabble (L-Independent)	**16** **Happy Birthday Chester Dammann & Sandra Chaplin!** 11:15 Exercise Class (L) 1:15-3:00 Ridgewater Nursing Students Health Fair (L, CS, Garden Room) Sukkot Begins	**17** 11:15 Exercise Class (L) 1:15 Manicures (L) 3:00 Happy Hour (CS) 4:00 Cards & Games (L-Independent)	**18** 11:15 Exercise Class (L) 2:00 Bingo (L) 4:00 Weekend Packet (L-Independent)	**19** 10:00 Stretch Class Video (E-Independent) 2:00 Movie Matinee: Forrest Gump (GR) ***Sweetest Day***
20 **Happy Birthday Angelee Wilkerson!** 12:00 Vikings vs. Lions (Ch. 9) (GR) 2:00 Community Worship w/Pr. Arndt (L) 2:45 Cookie Social (CS)	**21** 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 1:30 Bible Study (C) 2:30 Music by Chuck Thiel & October Birthday Celebration (L) 4:00 Weekly Packet (L-Independent)	**22** 9:30 Devotions (L) 11:15 Exercise Class (L) 1:30 *Shop Coborn's 3:00 L,C,R Dice Game (L-bring 9 nickels) 6:00 Scrabble (L-Independent)	**23** **Happy Birthday Doris Worm!** 10:30 Catholic Mass (GR) 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 2:00 Bingo (L) 3:00 St. Croix Dementia Support Presentation (GR)	**24** 11:15 Exercise Class (L) 1:15 Manicures (L) 1:45 First Lutheran Kindergarten Visit (L) 3:00 Happy Hour (CS) 4:00 Cards & Games (L-Independent) Simchat Torah Begins	**25** 11:15 Exercise Class (L). 2:00 Bingo (L) 4:00 Weekend Packet (L-Independent)	**26** **Happy Birthday Harold Von Berge!** 10:00 Stretch Class Video (E-Independent) 2:00 Music by Phyllis Hummel (L)
27 1:00 Community Worship w/Pr. Erik (L) 2:00 Cookie Social (CS)	**28** 11:15 Exercise Class (L) 1:30 Bible Study (C) 3:00 Fact or Fib (L) 4:00 Weekly Packet (L-Independent)	**29** 9:30 Devotions (L) 11:15 Exercise Class (L) 1:30 *Shop Coborn's 3:00 L,C,R Dice Game (L-bring 9 nickels) 6:00 Scrabble (L-Independent)	**30** **Happy Birthday Warren Winterfeld!** 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 2:00 Resident Meeting & Resident Council (L) 2:30 Bingo (L) 3:30 Halloween Social (CS)	**31** 11:15 Exercise Class (L) 1:15 Manicures (L) 3:30-5:00 Trick-or-Treaters (Lobby, Library, & Garden Room to pass out treats to children) Halloween		

ACTIVITY LOCATION KEY:
C=CHAPEL
CS= COFFEE SHOP
E= EXERCISE ROOM
G=GAME ROOM
GR =GREAT ROOM
L=LOUNGE
PD= PRIVATE DINING

ACTIVITIES ARE SUBJECT TO CHANGE. OUTING SIGN-UP IN OFFICE. RELIGIOUS ACTIVITIES IN PURPLE.