



# Grand Meadows - Assisted Living

# FEBRUARY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>ACTIVITY KEY LOCATION:</b>                      C=CHAPEL                      CS=COFFEE SHOP                      E=EXERCISE ROOM                      G=GARDEN ROOM                      GR=GREAT ROOM                      L= LOUNGE</p>					<b>Groundhog Day</b>	
					<b>WEAR RED DAY</b>	
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
2:45 Cookie Social (CS)	11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 1:15 Headlines (L) 1:30 St. John's Bible Study (C) 2:00 Quarter Pokeno (L) 4:00 Weekly Packet (L-Independent)	8:00 AM Podiatry Visit (C) 9:30 Devotions (L) 11:15 Exercise Class (L) 1:30 *Shop Coborn's 3:00 L,C,R Dice Game (L) 6:00 Scrabble (L-Independent)  Happy Birthday Verona Koseki	10:00 Ridgewater Students 1:1 Visit (Sign-up in Office) (L) 11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 2:00 Bingo (L) 6:00 Movie: What Women Want (GR)	10:30 Christ Lutheran Service (L) 11:30 Exercise Class (L) 1:15 Manicures (L) 3:00 Pre-Superbowl Bash Happy Hour (L)  Happy Birthday Sandy Voelkel	10:30 Rosary (C-Independent) 11:15 Exercise Class (L) 2:00 Bingo (L) 4:00 Weekend Packet Pick-up (L)	10:00 Stretch Class Video (E) 2:00 Movie Matinee: The Notebook (GR)
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
2:45 Cookie Social (CS) 5:30 Super Bowl (GR) (CH 4)  	11:15 Exercise Class (L) 1:15 Movers & Shakers (E) 1:15 Headlines (L) 1:30 St. John's Bible Study (C) 2:30 February Birthday Celebration & Music by Bill Litzau (L) 6:00 Weekly Packet (L-Independent) Happy Birthday Eileen Anderson & Mariys Jungclausl	Mardi Gras 9:30 Devotions (L) 11:15 Exercise Class (L) 1:30 *Shop Dollar Fresh HyVee 3:00 L,C,R Dice Game (L) 6:00 Scrabble (L-Independent)  Happy Birthday Harriet Schmidt & Dora Montes & Angela Binderl	Valentine's Day & Ash Wednesday 10:30 Christ Lutheran Service (L) 1:15 Movers & Shakers (E) 2:00 Prize Bingo (L) 6:00 Movie: The Lost Valentine (GR)  Happy Birthday Joan Binderl	11:15 Exercise Class (L) 1:15 Manicures (L) 3:00 Happy Hour (L) 4:00 Cards & Games (L-Independent)	10:30 Rosary (C-Independent) 11:15 Exercise Class (L) 2:00 Quarter Bingo (L) 3:15 Men's Group (GR) 3:15 Women's Social (CS) 4:00 Weekend Packet Pick-up (L)	10:00 Stretch Class Video (E) 6:00 Evening Movie: Queen Bee's (GR)
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
2:00 Community Worship Service w/Pr. Arndt (L) 2:45 Cookie Social (CS)	President's Day 11:15 Exercise Class (L) 1:15 Headlines (L) 1:30 St. John's Bible Study (C) 2:00 Quarter Pokeno (L) 4:00 Weekend Packet (L-Independent) Happy Birthday Lynn Zimbrickl	9:30 Devotions (L) 11:15 Exercise Class (L) 1:30 *Shop Coborn's 3:00 L,C,R Dice Game (L) 6:00 Scrabble (L-Independent)	10:15 Craft (L) 11:15 Exercise Class (L) 1:00 3:00 Ridgewater Nursing Student Health Fair (Common Areas) 3:30 Grocery Bag Service Project (L) 6:00 Movie: Raising Helen (GR)	11:15 Exercise Class (L) 1:15 Manicures (L) 2:00 Special Music: Randy Rolloff (L) 3:00 Happy Hour (L) 4:00 Cards & Games (L-Independent)	10:30 Catholic Mass (GR-Independent) 11:15 Exercise Class (L) 2:00 Bowling (L) 4:00 Weekend Packet Pick-up (L)	10:00 Stretch Class Video (E) 2:00 Dollar (or Candy Bar) Bingo (L) 3:15 Mexican Flag Day Fiesta (CS)
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>		
2:00 Community Worship Service w/Pr. Andrix (L) 2:45 Cookie Social (CS)  Happy Birthday Katie Nelsonl	11:15 Exercise Class (L) 1:00 Movers & Shakers (E) 1:15 Headlines (L) 1:30 St. John's Bible Study (C) 2:00 Fact or Fib (L) 4:00 Weekly Packet (L-Independent)	9:30 Devotions (L) 11:00 Stretch Class Video (E) 11:00 *Out to Eat @ EJ's 2:15 *Shop Coborn's 3:00 L,C,R Dice Game (L) 6:00 Scrabble (L-Independent)	11:15 Exercise Class (L) 1:15 Movers & Shakers (L) 2:00 Resident Meeting & Resident Council (L) 2:30 Prize Bingo (L) 6:00 Movie: Leap Year (GR)	11:15 Exercise Class (L) 1:15 Manicures (L) 1:45 First Lutheran Kindergarten Visit (L) 3:00 Happy Hour (L) 4:00 Cards & Games (L-Independent)	OUTING SIGN UP BINDER IN THE OFFICE  RELIGIOUS ACTIVITIES IN PURPLE.	