




Grand Meadows - Memory Care

NOVEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ACTIVITY KEY LOCATION: C=CHAPEL CS=COFFEE SHOP E=EXERCISE ROOM G=GAME ROOM GR=GREAT ROOM L=LOUNGE</p>			<p>1 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise/Biodex 1:00 Prize Bingo 2:00 Healthy Snack 6:00 Hand Massage & Music Happy Birthday Richard Swift!</p>	<p>2 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex 10:30 Christ Lutheran Worship Service (L) 1:00 Movie Matinee 2:15 Healthy Snack</p>	<p>3 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex 10:30 Rosary (GR-Independent) 1:00 Bingo 6:00 Hand Massage & Music</p>	<p>4 9:00 Polka Hour Ch. 10 9:45 Weekend Packet 1:00 Movie Matinee 2:15 Healthy Snack Happy Birthday Viola Gould!</p>
<p>Daylight Saving Time Ends 5 9:30 Weekend Packet 10:30 Walk & Stretch 12:00 Viking vs. Falcons (FOX) Happy Birthday Ashley Dammann & Chloe Engelke-Woodall!</p>	<p>6 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex 1:00 Short Stories 6:00 Hand Massage & Music</p>	<p>Election Day 7 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 1:15 Manicures & Music</p>	<p>8 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex <u>2:00 Prize Bingo (L)</u> 6:00 Hand Massage & Music</p>	<p>9 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex 2:00 All Saint's/First Lutheran Church Service w/Pr. Andrix(L) 3:00 Music: Jim Wendolek & Happy Hour (L)</p>	<p>10 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex 10:30 Catholic Mass (GR) 1:00 Bingo 6:00 Hand Massage & Music</p>	<p>Veterans' Day 11 9:00 Polka Hour Ch. 10 9:45 Weekend Packet 11:00 Veteran's Program (L) 1:00 Movie Matinee Happy Birthday Ruth Goetze!</p>
<p>12 9:30 Qwirkle Sort & Stack 10:30 Biodex 12:00 MN Vikings vs. New Orleans Saints (FOX)</p>	<p>13 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 1:30 Mind Matters Packet 6:00 Hand Massage & Music</p>	<p>14 8:45 Daily Chronicle & Devotions 10:30 Biodex 1:15 Manicures & Music</p>	<p>15 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex <u>2:00 Prize Bingo (L)</u> 6:00 Hand Massage & Music Happy Birthday Yurydia Becerra!</p>	<p>16 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 1:30 Baking Group</p>	<p>17 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex 10:30 Rosary (GR-Independent) <u>2:00 Quarter Bingo (L)</u> 6:00 Hand Massage & Music</p>	<p>18 9:00 Polka Hour Ch. 10 9:45 Weekend Packet 2:00 Special Music: Kev & His Guitar (L) Happy Birthday Donald Dammann!</p>
<p>19 9:30 Balloon Ball Game 2:00 Community Worship Service w/ Pastor Nelson (L) 7:20 MN Vikings vs. Denver Broncos (NBC) Happy Birthday Nichole Binder!</p>	<p>20 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex 2:00 November Birthday Celebration w/Music by Todd 'Elvis' Anderson (L) 6:00 Hand Massage & Music Happy Birthday Richard Venske!</p>	<p>21 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 1:15 Manicures & Music Happy Birthday JoAnn Ulrich!</p>	<p>22 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex <u>2:00 Prize Bingo (L)</u> 6:00 Hand Massage & Music</p>	<p>Thanksgiving Day 23 9:30 Daily Chronicle, Devotions, and coloring packet 1:00 Movie Matinee  Happy Birthday Emma Lombard!</p>	<p>24 9:30 Daily Chronicle & Devotions 9:45 Biodex 1:00 Bingo 6:00 Hand Massage & Music</p>	<p>25 9:00 Polka Hour Ch. 10 9:45 Weekend Packet 1:00 Movie Matinee 2:15 Healthy Snack Happy Birthday Lowell Brelje!</p>
<p>26 9:30 Weekend Packet 10:30 Walk & Stretch 2:00 Community Worship Service w/ Pastor Rohloff (L) 3:00 Light Snack</p>	<p>27 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 2:00 Thanksgiving Reminiscence 6:00 Hand Massage & Music</p>	<p>28 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 1:15 Manicures & Music</p>	<p>29 9:30 Daily Chronicle & Devotions <u>10:00 Christmas Sing-A-Long with Kay Wilson (L)</u> <u>2:00 Prize Bingo (L)</u> 6:00 Hand Massage & Music</p>	<p>30 9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 1:00 Bulletin Board Flip</p>		

*Underlined Activities are held on the Assisted Living side of the building. **An after dinner activity is available each evening if they choose to participate.