

**Grand Meadows Senior Living  
Dining Menu**

**Sept 17 – Sept 23**

**Week 3**

<b>Meal Serving Times:</b>		<b>Breakfast: 7:30-9:00 AM (Made to Order)</b>			<b>**Snacks (fruit, crackers, etc.,) available at all times in the Coffee Shop</b>	
		<b>Dinner: 12:00-1:00 PM (Salad Bar Served Daily)</b>				
		<b>Supper: 5:00-6:00 PM</b>				
<b>Sunday 9/17 Lunch</b>	<b>Monday 9/18 Lunch</b>	<b>Tuesday 9/19 Lunch</b>	<b>Wednesday 9/20 Lunch</b>	<b>Thursday 9/21 Lunch</b>	<b>Friday 9/22 Lunch</b>	<b>Saturday 9/23 Lunch</b>
<b>Beef Roast Mashed Potatoes Gravy Carrots</b>	<b>American Goulash Dinner Roll</b>	<b>Chicken Cordon Bleu Coleslaw Mixed Vegetables</b>	<b>Hamburger on a Bun French Fries</b>	<b>Oven Baked Chicken Roasted Red Potatoes Country Blend Vegetables</b>	<b>Lemon Pepper Fish Baked Potato Vegetable Blend</b>	<b>Pineapple Glazed Ham Mashed Sweet Potatoes Peas and Carrots</b>
<b>Sunday Supper</b>	<b>Monday Supper</b>	<b>Tuesday Supper</b>	<b>Wednesday Supper</b>	<b>Thursday Supper</b>	<b>Friday Supper</b>	<b>Saturday Supper</b>
<b>Chicken Nuggets Au gratin Potatoes Strawberries</b>	<b>Turkey Sandwich Cranberry Fluffy Salad</b>	<b>Kielbasa Mashed Potatoes Sauerkraut</b>	<b>Grilled Turkey Cranberry Swiss Melt Potato Chips</b>	<b>Tater Tot Hot Dish Dinner Roll</b>	<b>Cooks Choice Soup Roast Beef and Swiss Sandwich</b>	<b>Beef Stroganoff Egg Noodles Harvard Beets</b>
<b>Scrambled Eggs Meat Toast, Fruit</b>	<b>Scrambled Eggs Meat Toast, Fruit</b>	<b>Scrambled Eggs Meat Toast, Fruit</b>	<b>Scrambled Eggs Meat Toast, Fruit</b>	<b>Scrambled Eggs Meat Toast, Fruit</b>	<b>Scrambled Eggs Meat Toast, Fruit</b>	<b>Scrambled Eggs Meat Toast, Fruit</b>

**\*Menu subject to change due to any circumstances beyond our control\***