


Grand Meadows - Memory Care

SEPTEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ACTIVITY KEY LOCATION: C=CHAPEL CS=COFFEE SHOP E=EXERCISE ROOM G=GAME ROOM GR=GREAT ROOM L= LOUNGE</p>					FAIR DAY 1	2
<p>9:30 Qwirkle Sort & Stack 10:30 Biodex 1:00 Movie Matinee/Puzzle Time 2:15 Healthy Snack</p> <p style="text-align: right;">3</p>	<p style="text-align: center;"><i>Labor Day</i></p> <p>9:30 Labor Day Activity Packet 10:15 Biodex 1:30 Movie Matinee 2:15 Healthy Snack 6:00 Hand Massages & Music</p> <p style="text-align: right;">4</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 1:15 Manicures & Music Picture A Word Game</p> <p style="text-align: right;">5</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex <u>2:00 Prize Bingo (L)</u> 6:00 Hand Massages & Music</p> <p style="text-align: right;">6</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex <u>10:30 Christ Lutheran Worship Service (L)</u> <u>2:00 Special Music by: Mark Hawker (L)</u> Happy Birthday Tami Lang!</p> <p style="text-align: right;">7</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex <u>10:30 Catholic Mass (GR)</u> 1:00 Movie Matinee 6:00 Hand Massages & Music</p> <p style="text-align: right;">8</p> <p style="text-align: center;">Happy Birthday Amy Rutherford!</p>	<p>9:00 Polka Hour Ch. 10 10:00 Weekend Packet 10:30 Balloon Ball Game <u>2:00 Grand Prize Bingo (L)</u> 2:15 Healthy Snack</p> <p style="text-align: right;">9</p>
<p style="text-align: center;"><i>Grandparents Day 1930's Day</i></p> <p>9:30 Weekend Packet 12:00 MN Vikings vs. Tampa Bay (CBS)</p> <p style="text-align: right;">10</p> <p style="text-align: center;">Happy Birthday Marie De Lopez Martinez!</p>	<p style="text-align: center;"><i>Patriot Day 1940's Day</i></p> <p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex <u>2:00 Special Music: Allen Carlson & September Birthday Celebration (L)</u></p> <p style="text-align: right;">11</p>	<p style="text-align: center;"><i>National 1950's Day</i></p> <p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 1:15 Manicures & Music 2:40 50's Soda Float snack</p> <p style="text-align: right;">12</p>	<p style="text-align: center;"><i>Assisted 1960's Day</i></p> <p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise <u>10:30 Horse Visit (Front Entry - Outside)</u> <u>2:00 Prize Bingo (L)</u> 6:00 Hand Massages & Music</p> <p style="text-align: right;">13</p>	<p style="text-align: center;"><i>Living 1970's Day</i></p> <p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex <u>2:00 First Lutheran Worship Service w/Pastor Andrix (L)</u> <u>3:00 Groovy Happy Hour w/pianist Gary Wenstrom (L)</u></p> <p style="text-align: right;">14</p>	<p style="text-align: center;"><i>Week 1980's Day</i></p> <p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex <u>10:30 Rosary (GR-Independent)</u> <u>2:00 Quarter Bingo (L)</u> 6:00 Hand Massages & Music</p> <p style="text-align: right;">15</p> <p style="text-align: center;">Happy Birthday Sara Brown!</p>	<p>9:00 Polka Hour Ch. 10 10:00 Weekend Packet 1:00 Movie Matinee 2:15 Healthy Snack</p> <p style="text-align: right;">16</p>
<p>9:30 Balloon Ball Game 10:00 Word Finds, Dot-to-Dot, Coloring pages <u>2:00 Community Worship Service w/ Pastor Arndt (L)</u></p> <p style="text-align: right;">17</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 1:30 Mind Matters Packet 6:00 Hand Massages & Music</p> <p style="text-align: right;">18</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex 1:15 Manicures & Music 2:30 Healthy Snack</p> <p style="text-align: right;">19</p> <p style="text-align: center;">Happy Birthday Steven Jerabek!</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex 10:00 Visit w/ Ridgewater RN Students <u>2:00 Gospel Music by Dave Anderson & Roger Walck (L)</u> Happy Birthday James Johnson!</p> <p style="text-align: right;">20</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 2:00 Ready, Steady, Roll Game</p> <p style="text-align: right;">21</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex <u>10:30 Catholic Mass (GR)</u> <u>2:00 Quarter Bingo (L)</u> 6:00 Hand Massages & Music</p> <p style="text-align: right;">22</p> <p style="text-align: center;">Happy Birthday Daniela Acevedo!</p>	<p>9:00 Polka Hour Ch. 10 10:00 Weekend Packet <u>2:00 Special Music: Phyllis Hummel & friend (L)</u> 2:15 Healthy Snack</p> <p style="text-align: right;">23</p>
<p>9:30 Weekend Packet 12:00 MN Vikings vs. LA Chargers (FOX) <u>2:00 Community Worship Service w/ Pastor Andrix (L)</u></p> <p style="text-align: right;">24</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 1:30 Baking Group: Baked Apples 6:00 Hand Massages & Music</p> <p style="text-align: right;">25</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 1:15 Manicures & Music</p> <p style="text-align: right;">26</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex <u>2:00 Prize Bingo (L)</u> 6:00 Hand Massages & Music</p> <p style="text-align: right;">27</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise 10:25 Biodex 1:30 Short Stories Happy Birthday Arlene Raduenz!</p> <p style="text-align: right;">28</p>	<p>9:30 Daily Chronicle & Devotions 9:45 Seated Exercise/Biodex <u>10:30 Rosary (GR-Independent)</u> <u>2:00 Quarter Bingo (L)</u></p> <p style="text-align: right;">29</p> <p style="text-align: center;">Happy Birthday Ruby Streich!</p>	<p>9:00 Polka Hour Ch. 10 10:00 Weekend Packet 1:00 Movie Matinee 2:15 Healthy Snack</p> <p style="text-align: right;">30</p>

*Underlined Activities are held on the Assisted Living side of the building. ** An after dinner activity is available each evening if they choose to participate.