

# Grand Meadows - Memory Care

## January 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					<b>New Year's Day</b> Weekend Packet 10:00 Chair Exercise Video 1:00 Movie Matinee 2:15 Healthy Snack	<b>1</b> 1:00 Movie 2:15 Healthy Snack 7:20 Vikings vs. Packers
<b>3</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex 1:00 Short Stories	<b>4</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex 1:15 Manicures & Music	<b>5</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex <u>2:00 Prize Bingo</u>	<b>6</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex <u>2:00 Music by Chuck Thiel (L)</u>	<b>7</b> 9:30 Daily Chronicles & Devotions 10:25 AM Biodex <u>2:00 Quarter Bingo</u> <b>Happy Birthday Verone Witthus!</b>	<b>8</b> Weekend Packet 10:00 Chair Exercise Video 1:00 Movie Matinee 2:15 Healthy Snack	<b>9</b> 12:00 Vikings vs. Bears 2:15 Healthy Snack
<b>10</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex 1:15 Mind Matters	<b>11</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex 1:15 Manicures & Music	<b>12</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex <u>2:00 Prize Bingo</u>	<b>13</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex <u>1:30 First Lutheran Worship Service (L)</u>	<b>14</b> 9:30 Daily Chronicles & Devotions 10:25 Biodex <u>10:45 Catholic Mass (GR)</u> <u>2:00 Quarter Bingo</u>	<b>15</b> Weekend Packet 10:00 Chair Exercise Video 1:00 Movie Matinee 2:15 Healthy Snack	<b>16</b> <u>2:00 Community Worship Service w/ Pastor Adelson (L)</u>
<b>17</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex 1:00 Dice Game	<b>18</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex 1:15 Manicures & Music	<b>19</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex <u>1:15 Coaster Craft (L)</u> <u>2:00 Prize Bingo</u>	<b>20</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex	<b>21</b> 9:30 Daily Chronicles & Devotions 10:25 Biodex <u>2:00 Quarter Bingo</u>	<b>22</b> Weekend Packet 10:00 Chair Exercise Video <u>2:00 Grocery Bingo (L)</u> 2:15 Healthy Snack	<b>23</b> <u>2:00 Community Worship Service w/ Pastor Niebuhr (L)</u>
<b>24</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex 1:30 Baking Group	<b>25</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex 1:15 Manicures & Music	<b>26</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex <u>2:00 Prize Bingo</u>	<b>27</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex <u>2:00 Music by Bill Litzau (L)</u>	<b>28</b> 9:30 Daily Chronicles & Devotions 10:25 Biodex <u>2:00 Quarter Bingo</u>	<b>29</b> Weekend Packet 10:00 Chair Exercise Video 1:00 Movie Matinee 2:15 Healthy Snack	<b>30</b> 1:00 Movie Matinee 2:15 Healthy Snack
<b>31</b> 9:30 Daily Chronicles & Devotions 9:45 Seated Exercise 10:25 Biodex 1:15 Penny Ante Game						

\*Activities are subject to change    \*Underlined Activities take place on the Assisted Living side of the building.