





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>11:15 Exercise (L) 1:30 St. John's Bible Study (C) 2:00 Quarter Pokeno (L) 3:30 Walking Group (GR) 4:00 Daily Dose Packet (L)</p> <p><b>HAPPY BIRTHDAY RICHARD SWIFT!</b></p>	<p>1</p> <p>11:15 Exercise (L) 1:30 St. John's Bible Study (C) 2:00 Quarter Pokeno (L) 3:30 Walking Group (GR) 4:00 Daily Dose Packet (L)</p> <p><b>HAPPY BIRTHDAY RICHARD SWIFT!</b></p>	<p>2</p> <p>9:30 Devotions (L) 11:15 Exercise (L) <b>*1:30 Shop Coborn's</b> 3:00 Cards &amp; Games (L) 4:00 Daily Dose Packet (L)</p>	<p>3</p> <p>9:30 Women's Bible Study (GR) 10:30 Christ Lutheran Worship/All Saints Service (L) 11:15 Exercise (L) 2:00 Prize Bingo (L) 3:30 Walking Group (GR) 4:00 Daily Dose Packet (L)</p>	<p>4</p> <p>9:15 Headlines (L) 11:15 Exercise (L) 1:15 Manicures (L) 3:00 Happy Hour (L) 4:00 Daily Dose Packet (L)</p> <p><b>HAPPY BIRTHDAY VIOLA GOULD &amp; DELLA STENDER!</b></p>	<p>5</p> <p>11:15 Exercise (L) 2:00 Quarter Bingo (L) 3:30 Walking Group (GR) 4:00 Daily Dose Packet (L)</p> <p><b>HAPPY BIRTHDAY LLOYD DUENOW &amp; ASHLEY DAMMANN!</b></p>	<p>6</p> <p>*Weekend Packet (available for pick up in the Lounge) 10:00 Stretch Class Video (E) 2:00 Movie Matinee: 'All Saints' (GR)</p>
<p>7</p> <p>12:00 Viking vs. Ravens (GR)</p>  <p>Daylight Saving Time Ends</p>	<p>8</p> <p>11:15 Exercise (L) 1:30 St. John's Bible Study (C) 2:00 Quarter Pokeno (L) 2:30 Men's Group (GR) 3:30 Walking Group (GR) 4:00 Daily Dose Packet (L)</p>	<p>9</p> <p>9:30 Devotions (L) 11:15 Exercise (L) <b>*1:30 Shop Coborn's</b> 3:00 Cards &amp; Games (L) 4:00 Daily Dose Packet (L)</p>	<p>10</p> <p>11:15 Exercise (L) 1:30 Resident Dining Meeting (L) 2:00 Prize Bingo (L) 3:30 Walking Group (GR) 4:00 Daily Dose Packet (L)</p>	<p>11</p> <p>9:15 Headlines (L) 10:00 Exercise (L) 11:00 Veteran's Day Program (L) 1:30 First Lutheran Church Service (L) 3:00 Happy Hour (L) 4:00 Daily Dose Packet (L)</p> <p><b>* 6:30 GSL Little Mermaid</b> Veterans Day Remembrance Day (Canada)</p>	<p>12</p> <p>10:45 Catholic Mass (GR) 11:15 Exercise (L) 1:15 Manicures (L) 2:00 Quarter Bingo (L) 3:30 Walking Group (GR) 4:00 Daily Dose Packet (L)</p> <p><b>HAPPY BIRTHDAY ELSA SELCHOW!</b></p>	<p>13</p> <p>*Weekend Packet (available for pick up in the Lounge) 10:00 Stretch Class Video (E) 2:00 Movie Matinee: 'Gettysburg' (GR) <b>HAPPY BIRTHDAY GLORIAN BOESCHE!</b></p>
<p>14</p> <p>2:00 Quarter Bingo (L) 3:05 Vikings vs. Chargers (GR)</p>	<p>15</p> <p>11:15 Exercise (L) 1:30 St. John's Bible Study (C) 2:00 Quarter Pokeno (L) 3:30 Walking Group (GR) 4:00 Daily Dose Packet (L)</p>	<p>16</p> <p>9:30 Devotions (L) 11:15 Exercise (L) <b>*1:30 Shop Coborn's</b> 2:00 Special Music By Michael Riddle (L) 3:15 November Birthday Celebration (L) 4:00 Daily Dose Packet (L)</p>	<p>17</p> <p>9:30 Women's Bible Study (GR) 11:15 Exercise (L) 2:00 Prize Bingo (L) 3:30 Walking Group (GR) 4:00 Daily Dose Packet (L)</p>	<p>18</p> <p>9:15 Headlines (L) 11:15 Exercise (L) 1:15 Manicures (L) 2:30 Armchair Travels: 'Plimoth Plantation' (L) 3:00 Happy Hour (L) 4:00 Daily Dose Packet (L)</p> <p><b>HAPPY BIRTHDAY DONALD DAMMANN!</b></p>	<p>19</p> <p>11:15 Exercise (L) 2:00 Quarter Bingo (L) 3:30 Walking Group (GR) 4:00 Daily Dose Packet (L)</p> <p><b>HAPPY BIRTHDAY NICHOLE BINDER!</b></p>	<p>20</p> <p>*Weekend Packet (available for pick up in the Lounge) 10:00 Stretch Class Video (E) 2:00 Movie Matinee: 'Sound Of Music' (GR)</p>
<p>21</p> <p>12:00 Vikings vs. Packers 2:00 Community Worship Service w/ Pastor Brosz (L) 3:00 Cookie Social (Coffee Shop)</p>	<p>22</p> <p>10:00 Special Music By Allen Carlson (L) 11:15 Exercise (L) 1:30 St. John's Bible Study (C) 2:00 Quarter Pokeno (L) 3:30 Walking Group (GR) 4:00 Daily Dose Packet (L)</p>	<p>23</p> <p>9:30 Devotions (L) 11:15 Exercise (L) <b>*1:30 Shop Coborn's</b> 3:00 Cards &amp; Games (L) 4:00 Daily Dose Packet (L)</p>	<p>24</p> <p><b>10:30 Walking Group (GR)</b> 11:15 Exercise (L) 2:00 Resident Meeting (L) 2:30 Resident Council (L) 3:00 Prize Bingo (L) 4:00 Daily Dose Packet (L)</p>	<p>25</p> <p>8:00 - 11:00 Macy's Thanksgiving Day Parade (GR) 3:00 Cookie Social (Coffee Shop)</p>  <p>Thanksgiving Day</p>	<p>26</p> <p>11:15 Exercise (L) 2:00 Quarter Bingo (L) 3:30 Walking Group (GR) 4:00 Daily Dose Packet (L)</p> <p><b>HAPPY BIRTHDAY ANNA MACKENTHUN!</b></p>	<p>27</p> <p>*Weekend Packet (available for pick up in the Lounge) 10:00 Stretch Class Video (E) 2:00 Movie Matinee: 'Grumpy Old Men' (GR)</p>
<p>28</p> <p>2:00 Community Worship Service w/ Pastor Adelson (L) 3:00 Cookie Social (Coffee Shop) 3:05 Vikings vs. 49ers (GR)</p> <p>Hanukkah Begins</p>	<p>29</p> <p>8:00 Podiatrist here (sign up w/ Loreen) 11:15 Exercise (L) 1:30 St. John's Bible Study (C) 2:00 Quarter Pokeno (L) 3:30 Walking Group (GR) 4:00 Daily Dose Packet (L)</p>	<p>30</p> <p>9:30 Devotions (L) 10:30 Mason Jar Craft (L) 11:15 Exercise (L) <b>*1:30 Shop Coborn's</b> 3:00 Cards &amp; Games (L) 4:00 Daily Dose Packet (L)</p>	 <p><b>November 2021</b> GRAND MEADOWS ACTIVITY CALENDAR</p>			

\*ACTIVITIES ARE SUBJECT TO CHANGE.